

International Experience
Week 2023

University-wide exchange

International Relations Office | Gaye Eksen & Jeroen van der Heide



Universiteit
Leiden
The Netherlands

Discover the world at Leiden University

1. Why go abroad?

- Personal development
(independence, flexibility, adaptability)
- Social skills (friendships, intercultural skills)
- Experience different learning practices
- Improve language skills
- Expand your academic network
- Enhance your future employability



21st century skills

2. Two types of exchange

- **Faculty exchange**

- Managed by **faculty's** international office
- Open to students from faculty/study programme only
- Usually for your specific field of study
- Within Europe (Erasmus+)
- Sometimes outside of Europe
- Various application deadlines

Contact

[International coordinator](#) of your own faculty or programme.

- **University-wide exchange**

- Managed by central International Relations Office (IR) of Student and Educational Affairs (SEA)
- Generally open to all students
- Possible to study outside your field of study at different faculties
- Only outside of Europe
- ISEP programme
- Application deadline is 1 December for Fall and Spring

Contact

[International Relations Office](#)
Student and Educational Affairs

Study abroad on an exchange agreement



Doing courses at a university abroad:

- University-wide and faculty-wide agreements
- No additional tuition fees
- Compatible universities
- Credit transfer
- Many options Worldwide! BA & MA
- Assistance from International Relations Office and faculty international offices

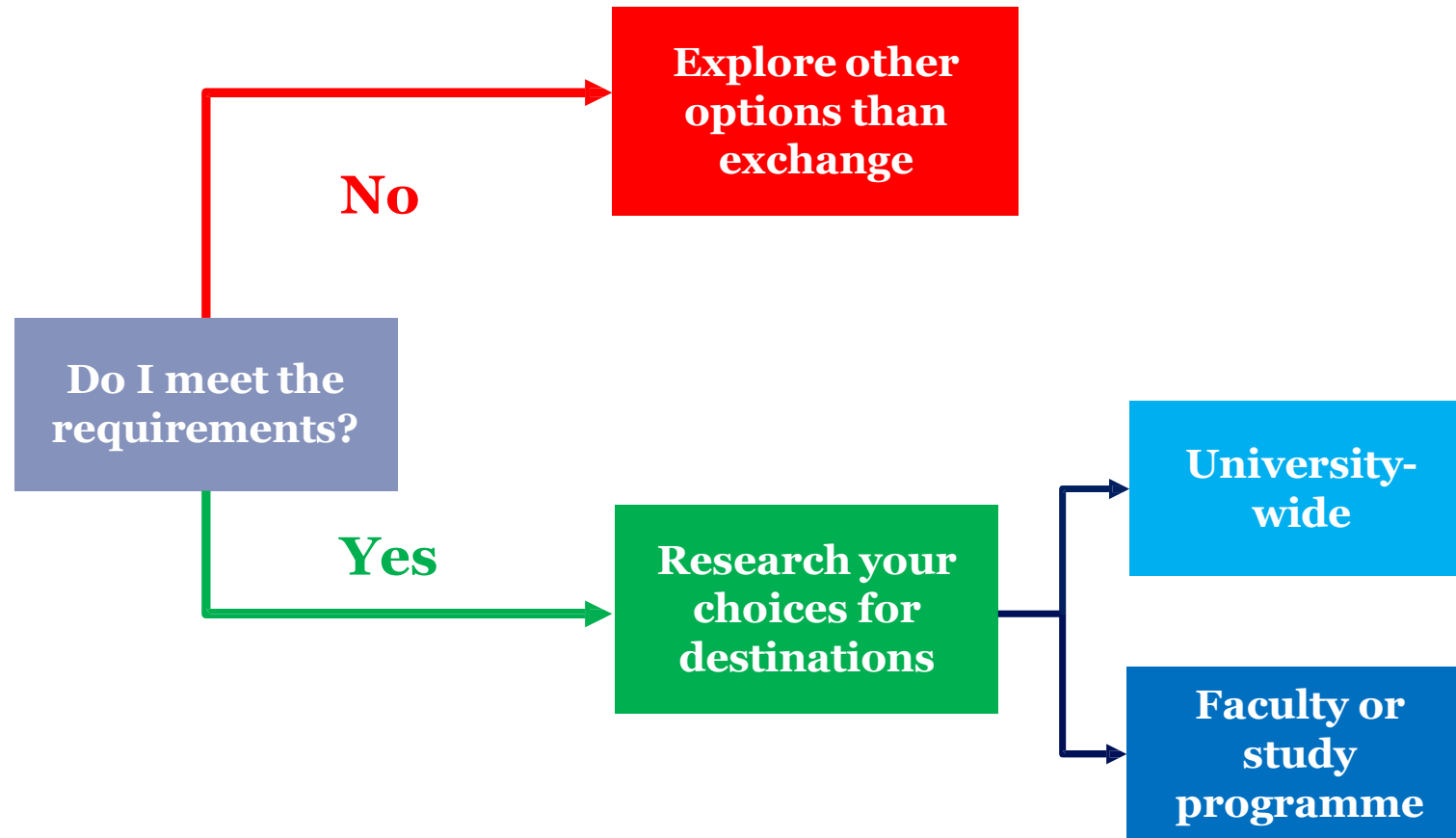
Study abroad on an exchange agreement



Things to keep in mind:

- Flexibility in course choice
- Exchange is not guaranteed, so you need a plan B
- Financial consequences
- Possible study delay

Steps to take: Are you eligible for exchange?



3. Requirements

- Minimum GPA of 7.0 (for ISEP 6.5)
- Minimum 60 ECTS
- Language requirements

→ Check faculty or programme requirements!



4. Study abroad Preparation timeline (example)

Orientation



Internal Application
Selection and
Acceptance



Application
to partner



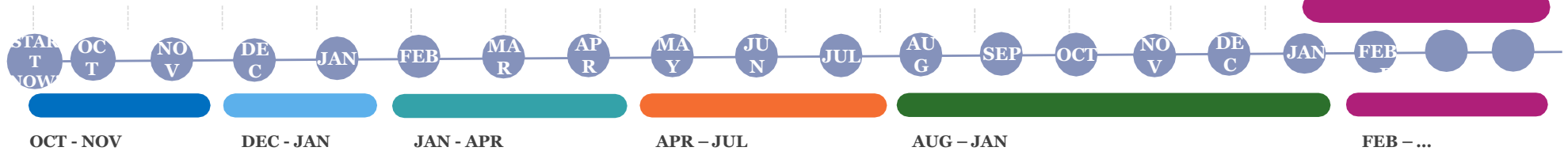
To arrange
before
departure



During your stay



Upon return



5. Application

- Deadline for university-wide exchange in 2024-2025: F(0)
1 December 2023
- Application through uSis
- 10 choices
- Motivation letter --> first 3 choices
- Motivation letter --> template [online](#)

Deadline:
1 December
23:59 hrs

Slide 10

F(0

UPDATE LINK!

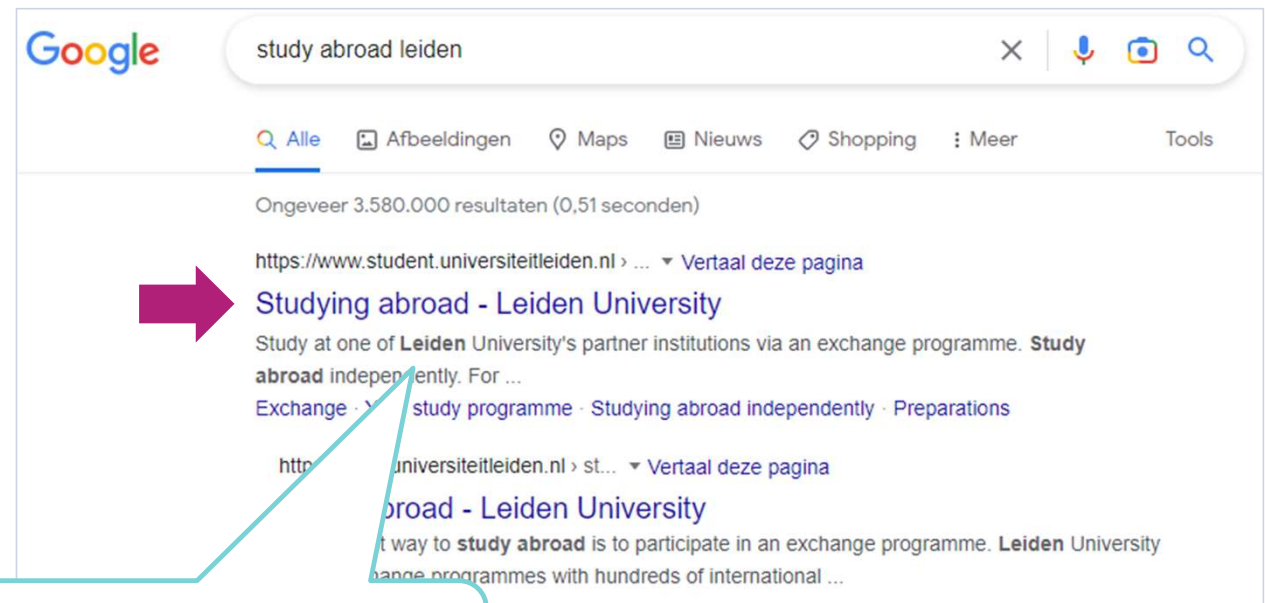
Feenstra, S.N. (Sanne); 2023-08-01T11:38:19.309

Start your orientation

❖ Study abroad website

Student website

> [Studying abroad](#)



[student.universiteitleiden.nl/en](https://www.student.universiteitleiden.nl/en)

6. Start your orientation

❖ Study abroad website

The screenshot shows the Leiden University website interface. At the top left is the university logo and name. A search bar is present. The main navigation menu includes 'Study & studying', 'Exceptional circumstances', 'Guidance & advice', and 'Studying abroad'. The 'Studying abroad' section is expanded, showing options like 'Exchange', 'Studying abroad independently', 'Entire masters programme', and 'Health and safety'. The main content area features a 'Studying abroad' heading and a paragraph of text. A callout box points to the 'Guest' dropdown menu, listing 'General information' and 'University-wide exchange'. Another callout box points to a search bar labeled 'Search for another study programme'. A third callout box points to the 'Psychology (BSc)' dropdown menu.

Universiteit Leiden

Search for subject or person

Student website Guest

You can now see general information only. Select your study programme to also see information about your faculty and programme.

Studying abroad

Studying abroad is a great way to broaden your horizons. It's beneficial for both your academic and personal development. Not only will you gain new experiences, but you'll also learn to get by in a different environment. A period of study abroad is an asset on your CV. With the increasing internationalisation of job markets, many employers regard international experience as a real advantage.

Search for another study programme

Student website Psychology (BSc)

Guest:

- General information
- University-wide exchange

6. Start your orientation

❖ Study abroad website

Search for subject or person

or subject or person | All

Universiteit Leiden

Student website Psychology (BSc)

Menu

Student website > Study & studying > Studying abroad > Exchange > Exchange

Exchange

Exchange programmes offer an easy way to study abroad. You'll study at a university that has an agreement with Leiden University and, in return, a student from that university will come to study here.

General Psychology (BSc)

Study & studying

- > Study
- > Exceptional circumstances
- > Guidance & advice
- > Studying abroad
 - > Exchange

Exchange

Where?

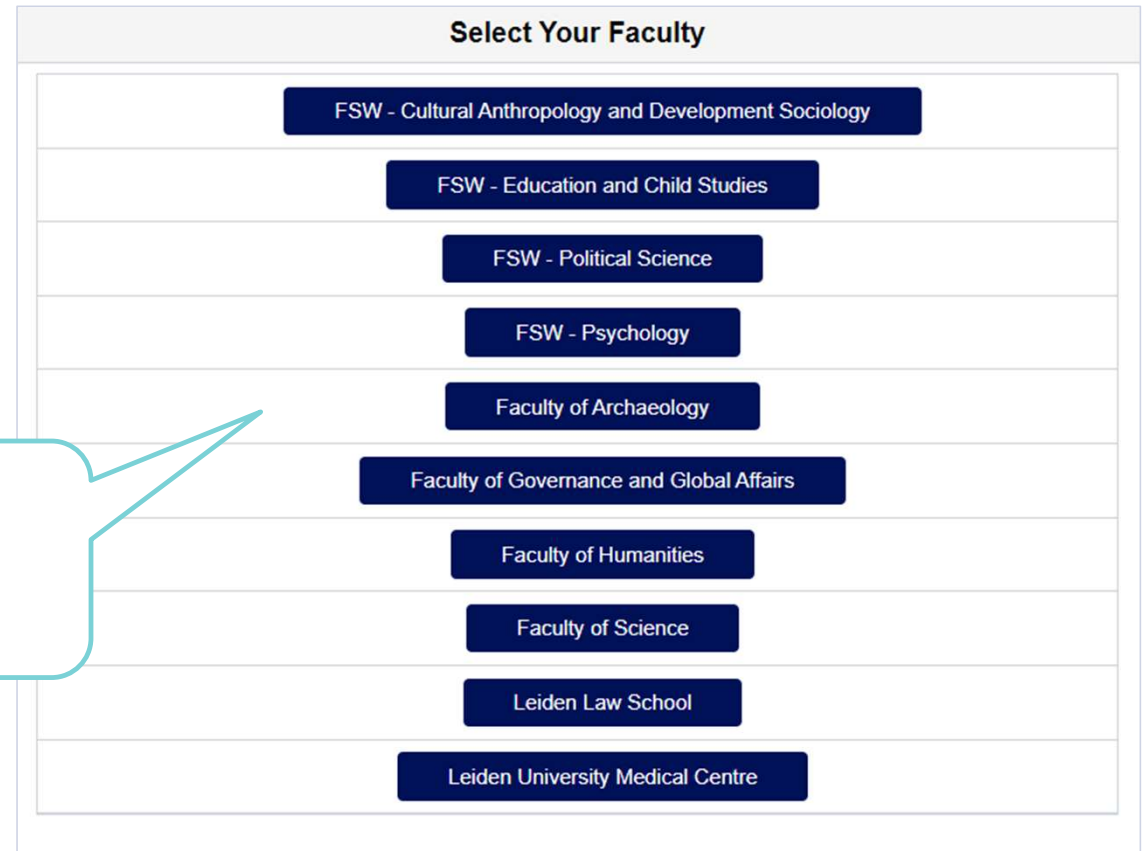
When?

6. Start your orientation

❖ World map

worldmap.universiteitleiden.nl

Step 1
Select your faculty



The screenshot shows a web interface titled "Select Your Faculty". It contains a list of ten faculties, each represented by a dark blue button with white text. The faculties are listed from top to bottom: FSW - Cultural Anthropology and Development Sociology, FSW - Education and Child Studies, FSW - Political Science, FSW - Psychology, Faculty of Archaeology, Faculty of Governance and Global Affairs, Faculty of Humanities, Faculty of Science, Leiden Law School, and Leiden University Medical Centre. A light blue speech bubble with a white background and a blue border points to the "Faculty of Governance and Global Affairs" button.

Faculty
FSW - Cultural Anthropology and Development Sociology
FSW - Education and Child Studies
FSW - Political Science
FSW - Psychology
Faculty of Archaeology
Faculty of Governance and Global Affairs
Faculty of Humanities
Faculty of Science
Leiden Law School
Leiden University Medical Centre

6. Start your orientation

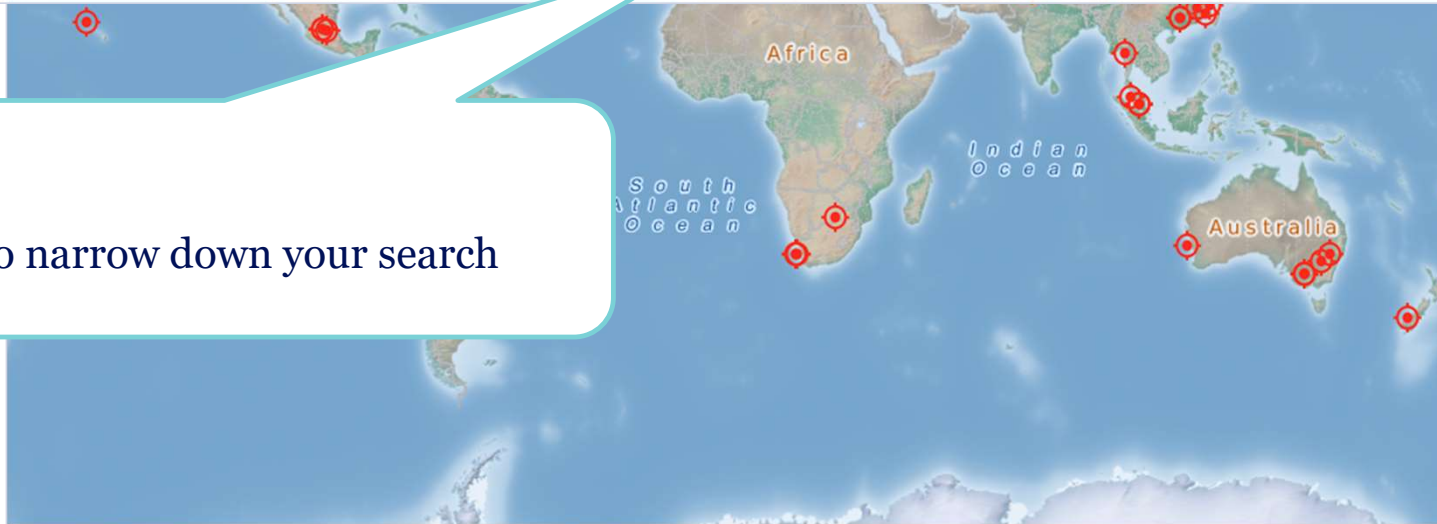
❖ World map



Faculty	FSW - Psychology	Level	Bachelor	Exchange Programme	University-wide Exchange
Language of Instruction	English	Country		Partner University	
<input type="button" value="Reset Filters"/>					

Step 2

Use the filters to narrow down your search



6. Start your orientation

❖ World map

The screenshot shows a web page for the Hebrew University of Jerusalem exchange program. The page is divided into several sections:

- Agreement Name:** Bilateral-IL JERUSALEM01-LEI-UNI_WIDE
- Exchange Programme:** University wide
- Level:** Bachelor/Master
- Semester:** Fall or spring
- LU Application Deadline:** 1 December
- Intended for students from:**
 - Faculty of Archaeology
 - FSW - Cultural Anthropology
 - FSW - Education and Child Studies
 - Faculty of Governance and Leadership Studies
- Financial Remarks:**
 - At this partner university, you are required to provide proof of financial resources. Doing a language test often comes with additional costs.
 - You are required to purchase the university health insurance.
 - Specific scholarships for the Hebrew University of Jerusalem are available for placement.
- Contact Details:**
 - For more information about going on exchange, please take a look at the [Leiden University exchange website](#).
 - If you have questions about the university-wide exchange program, please contact the [International Relations Office](#) or schedule an appointment with the exchange coordinator via the exchange website.
 - Please do not contact the partner university directly before you have been nominated by Leiden University.
- Downloads:**
 - [Hebrew_University_of_Jerusalem_22-23.pdf](#)

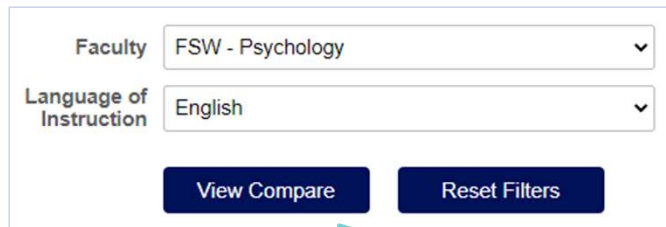
At the bottom of the page, there are two buttons: **Return** and **Add to Compare**.

Step 3
Select a partner university for more information

Step 4
Scroll down and click 'Add to Compare'

6. Start your orientation

❖ World map



Faculty FSW - Psychology

Language of Instruction English

View Compare Reset Filters

Step 5

Add up to four universities, return to the home page, and click 'View compare'

6. Start your orientation

❖ World map

Compare			
Shanghai International Studies University	Queen's University	Lunds Universitet	University of Pretoria
<p>Partner website</p> <p>Shanghai, China Bilateral-CN SHANGHAI02-HUM-BAIS Faculty of Humanities - BAIS exchange programme</p> <p>Level Bachelor Semester Only fall LU Application Deadline 1 November</p> <p>▶ Intended for students from</p> <p>▼ Fields of Study</p> <p>Chinese language courses and specific course offer for exchange students in English. Indication for credits selection if students take the full Chinese language course: Language course for 340 hours = 20 ECTS and two courses (per course = 85 hours = 5 EC).</p> <p>▼ Academic Calendar</p> <p>First (fall/winter) semester: Early September till mid January. Recommended orientation in first week of semester. Refer to host university website for exact dates.</p> <p>▼ Language(s) of Instruction</p> <ul style="list-style-type: none"> English <p>▶ Language Requirements</p> <p>▶ Other Requirements</p>	<p>Partner website</p> <p>Kingston, Canada Bilateral-CA KINGSTON01-LEI-UNI_WIDE University wide</p> <p>Level Bachelor Semester Fall or spring LU Application Deadline 1 December</p> <p>▶ Intended for students from</p> <p>▼ Fields of Study</p> <p>Faculty or course restrictions at the partner university:</p> <ul style="list-style-type: none"> As an exchange student you may only choose courses from the Faculty of Arts and Sciences. <p>▼ Academic Calendar</p> <p>Semester dates:</p> <ul style="list-style-type: none"> First (fall) semester: Early September till late December Second (spring) semester: Early January till late April <p>For the exact semester dates, please refer to the partner university fact sheet.</p> <p>▼ Language(s) of Instruction</p> <ul style="list-style-type: none"> English <p>▶ Language Requirements</p>	<p>Partner website</p> <p>Lund, Sweden Erasmus-S LUND01-HUM-BAIS-022_023 Faculty of Humanities - BAIS exchange programme</p> <p>Level Bachelor/Master Semester Only fall LU Application Deadline 1 November</p> <p>▶ Intended for students from</p> <p>▼ Fields of Study</p> <p>Joint Faculties of Humanities and Theology and the Special Area Studies courses (SAS). Exchange students can apply for 'Special Area Study' (SAS) courses in subjects such as Swedish culture and society, European studies, regional courses and global issues of contemporary interest. These courses do not usually require previous studies in the subject as an admission requirement. This gives exchange students the opportunity to gain new knowledge in subjects that may be outside of the student's normal degree programme. Swedish language courses are generally open to exchange students. Students may also apply for courses at the Faculty of Social Sciences, Faculty of Science, School of Economics and Management, and the Faculty of Engineering. Placement these courses only as long as students fulfil the prerequisites and there are places available. As there is a lot of competition for courses please focus on courses on Humanities and SAS courses.</p> <p>▼ Academic Calendar</p> <ul style="list-style-type: none"> Autumn semester 2023: Monday 28 August 2023 – Sunday 14 January 2024 	<p>Partner website</p> <p>Pretoria, South Africa Bilateral-ZA PRETORIA01-LEI-UNI_WIDE University wide</p> <p>Level Bachelor/Master Semester Fall or spring LU Application Deadline 1 December</p> <p>▶ Intended for students from</p> <p>▼ Fields of Study</p> <ul style="list-style-type: none"> There are no faculty or course restrictions at the partner university. <p>▼ Academic Calendar</p> <p>Semester dates:</p> <ul style="list-style-type: none"> First (fall) semester: July till December Second (spring) semester: January till June <p>Please take note of the following:</p> <ul style="list-style-type: none"> The Leiden University fall semester corresponds to the spring semester at University of Pretoria, and the Leiden University spring semester corresponds to the fall semester at University of Pretoria. For the exact semester dates, please refer to the partner university fact sheet or website. <p>▼ Language(s) of Instruction</p> <ul style="list-style-type: none"> English

Student Reports

- More inside information on partner universities.
- Written by returnees.
- <https://studying-abroad-reports.universiteitleiden.nl/>

7. ISEP as an exchange option

- [US-based organisation with member universities](#)
- Part of the university-wide programme
- As one of your 10 choices for uni-wide application
- Internal selection → International Relations Office places and nominates you to ISEP
- Placement by ISEP at one of your choices

Deadline:
1 December
23:59 hrs

ISEP Application procedure

- **After placement by IR** you will apply directly to ISEP
- Select up to 10 universities (programmes/sites)
- The ISEP head office decides which member university you may attend
 - You will always be placed somewhere
 - You pay the fixed costs in advance
 - You may need to do an English language test (TOEFL or IELTS)
 - scores vary per member institution

Payments and legal structure

- Registration fee to ISEP: US \$ 100 non-refundable fee (during online application)
- Placement fee to ISEP: US \$425
 - You need a credit card or you can pay by wire transfer
- Housing and meals to LU: €4300 per semester (in June)
- Compulsory ISEP Student Health Insurance: US \$ 108 per month (subject to change)

8. Making your choice

Questions to ask yourself:

- What are your reasons to study abroad?
- What type of atmosphere and environment do you prefer?
- Do you have special requirements due to disability or illness?



Which destinations are safe?

Check the Ministry of Foreign Affairs travel advice

- Leiden University does not allow travels to **orange** and **red** countries!
- Travel to **green** and **yellow** countries only (Ministry of Foreign Affairs)
- Download the app



Country specific health and safety considerations

- Strict laws (rules on drugs and alcohol)
- Cultural differences
- Climate
- Risk of Tsunami/earthquakes
- Political climate (social unrest)
- Equal treatment of gender identities and sexual orientations (ILGA.org)
- NederlandWereldwijd.nl



7. Your safety abroad

- Mandatory health & safety meetings for everyone going abroad
- Your registration in our exchange system
- Good contact with our partner institutes



Questions?

Your university-wide coordinators:

Sanne Feenstra: +31 (0) 71 527 3063

Jeroen van der Heide: +31 (0) 71 527
1785

studyabroad@sea.leidenuniv.nl

Open consultation hours:

Tuesday 10:00-13:00 (Plexus, Leiden)

Wednesday 10:00-13:00 (Wijnhaven, The Hague)



**Universiteit
Leiden**

The Netherlands

Discover the world at Leiden University

Thank you!



Universiteit
Leiden
The Netherlands

Discover the world at Leiden University