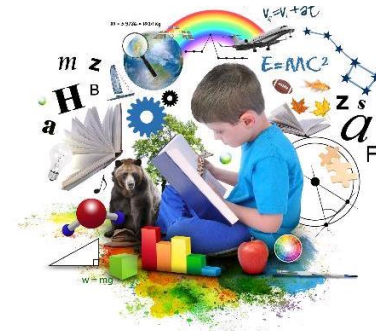


# Clinical Research and Practice in: Child Psychiatry

The effectiveness of interventions in (Child) Mental Health is being questioned. By presenting clinical challenges, we will stimulate practice-based scientific thinking and the students' appetite to study complex phenomena. Particular emphasis will be on time-related changes, in particular as a result of treatment. By presenting state-of-the-art insights on topics such as mood, anxiety, eating and substance use disorders among others. You will gain insight into the most recent developments in clinical practice of child mental health care problems and you will be able to address them scientifically.

## Introduction

Clinical research and practice in child psychiatry is a much-discussed field of medicine. All too often, the effectiveness of interventions in (Child) Mental Health is being questioned. This is not surprising, as it is not easy to conduct trials that are conclusive. A number of issues complicate the study of effectiveness in Child Mental Health, of which many are common to several medical fields. One is the heterogeneity of the issues under investigation. While we categorise children by specific disorders, the diversity within a category is substantial. Another issue is children's dependency on



parents. How parents handle their child is critical to the success of any intervention. The aim of this minor is to highlight the most recent developments in child mental health care problems and to address them scientifically, while also showing students the clinical practice.

## Quote

**"Teachers were genuinely involved in the learning process and their enthusiasm was motivating!"**

## Overview

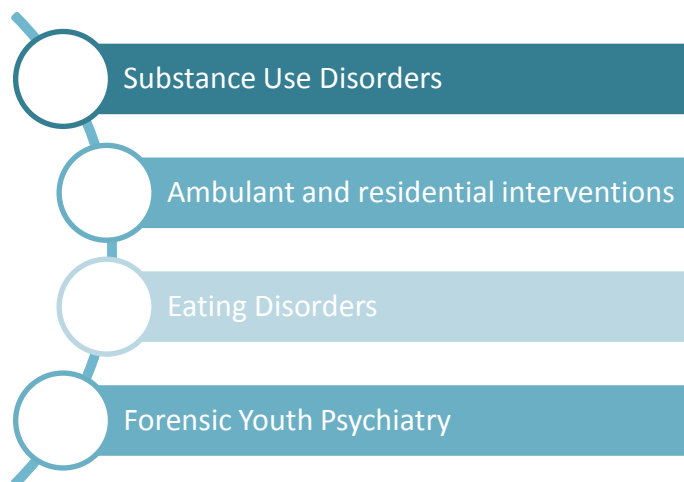
In this half minor the student will be introduced to clinical practice and research issues in child mental health. By presenting clinical challenges, we will stimulate practice-based scientific thinking and the students' appetite to study complex phenomena. Particular emphasis will be on time-related changes, in particular as a result of treatment.

During the half minor, experts will present state-of-the-art insights on their topics (e.g., mood disorders, anxiety disorders, eating disorders, substance use disorders, gender dysphoria, and schizophrenia). The student will be able to visit several Child Mental Health Care units and patient demonstrations will be given. Clinical experience will be explicitly integrated with scientific thinking.



## Learning goals

At the end of this minor, students can professionally implement knowledge, insight and competences to function well within the health system and in medical situations. They can collect and interpret relevant information in the area of medical sciences to make a decision based on relevant social, scientific, and ethical aspects. Furthermore, the student will possess the capacity to perform autonomously a high level follow-up study.



**“Learn about the most recent developments in clinical practice of child mental health care problems, and learn to address these developments scientifically.”**



## Assessment

- Literature review: oral presentation (pass/fail)
- GP letter: clinical case description (pass/fail)
- Knowledge: written exam (2x) (30% of final grade)
- Research proposal (55% of final grade)
- Poster presentation of research proposal (15% of final grade)

## Quote

**“The visits to the clinical practices and patient demonstrations were inspiring!”**

## Contact us



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