

Going out of your comfort zone by joining study trips abroad

Renske, a Security Studies student at the Faculty of Governance and Global Affairs, had the opportunity through the Custodia association to join two study trips abroad. Renske is also a board member of L.S.A. Custodia and she sees these trips as serving two main purposes: getting to know new people and expanding one own's knowledge of a particular topic.

“The formal visits allow students to deepen their knowledge around the topics that we learn about during studies, like when we visited the UNHCR office in Athens. They are also a great opportunity to meet new people from your study, especially people that you wouldn't necessarily meet otherwise, as you're forced to leave your own bubble”

The study trips organized by Custodia allow students with different interests to follow the same itinerary and join various activities together, allowing each person to have experiences outside of their comfort zone.

“It's definitely worth going if the destination interests you. You basically get a fully planned trip with lots of activities that you wouldn't be able to do on your own or in a smaller group. It has really made my student time more memorable, and I know that study associations are always looking for enthusiastic students who want to contribute.”