



INTERNSHIP GUIDE



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INTRODUCTION

WHY DO AN INTERNSHIP?

An internship is an important part in your preparation for the job market. You gain relevant work experience and get a better view of what the job entails and what the organization is like.

For several master's programmes, an internship is compulsory. Even if it is not compulsory, we still advise you to include an internship in the third year of your bachelor's degree or during your master's!

TEN REASONS TO DO AN INTERNSHIP

- Discover whether you really want to work for your potential employer.
- Put theory into practice.
- Explore what your interests are.
- Get inspiration for a topic for your thesis.
- Increase your networking potential.
- Gain experience with applying for jobs.
- Familiarize yourself with the pace of work.
- Get your bearings on the labour market.
- Use your practical experience to complete your studies.
- Gain work experience for your CV.

THIS GUIDE

- EU Trainee & Internships Within the EU page 3
- EU Trainee & Internships Outside the EU page 3
- Consultancy Internships page 4
- UN Internships page 5
- General Vacancy Sites page 7
- Internships at NGO's page 8
- Internships at other international organizations page 10
- Internships at Think Tanks, Research Centres and Lobbying Organizations page 12
- Internships at IOs and NGOs in The Hague and Amsterdam page 13



WEBSITES

EU TRAINEE & INTERNSHIPS WITHIN THE EU

- **Assembly of European Regions**
<https://aer.eu/category/structure/team/job-opportunities/>
- **Council of Europe**
<https://www.coe.int/en/web/jobs>
- **Council of the European Union**
<https://www.consilium.europa.eu/en/general-secretariat/jobs/traineeships/>
- **EU Institute for Security Studies (EUISS)**
<https://www.iss.europa.eu/opportunities>
- **European Commission**
https://ec.europa.eu/stages/information/selection_en
- **European Committee of Regions**
<https://cor.europa.eu/en/about/Pages/traineeships.aspx>
- **European Central Bank**
<https://www.ecb.europa.eu/careers/vacancies/html/index.en.html>
- **European Court of Justice**
https://curia.europa.eu/jcms/jcms/Jo2_7008/
- **European Economic and Social Committee**
<https://www.eesc.europa.eu/en/work-with-us/traineeships>
- **European Ombudsman**
<http://www.ombudsman.europa.eu/shortcuts/document.faces/en/3460/html.bookmark>
- **European Parliament**
<https://www.europarl.europa.eu/at-your-service/en/work-with-us/traineeships>
- **NATO**
<https://www.nato.int/cps/en/natolive/71157.htm>
- **NATO parliamentary assembly**
<https://www.nato-pa.int/content/research-assistant-programme>
- **Office for Harmonization in the Internal Market**
<http://www.mladiinfo.eu/category/jobs-internships/>

OUTSIDE THE EU

- **Delegations of the European Union**
https://eeas.europa.eu/headquarters/headquarters-homepage/39144/traineeship-eu-delegation_en
- **European External Action Service**
https://eeas.europa.eu/headquarters/headquarters-homepage/area/jobs-funds_en



WEBSITES

CONSULTANCY INTERNSHIPS

- **Accenture**
<https://www.accenture.com/nl-en/careers/life-at-accenture/internships-careers>
- **Bain & Company**
<https://www.bain.com/careers/>
- **BDO**
<https://werkenbijbdo.nl/student-en-starter/>
- **Berenschot**
<https://www.berenschot.nl/werken-bij-berenschot/stages>
- **Boston Consulting Group**
<https://careers.bcg.com/students>
- **Deloitte**
<https://careersatdeloitte.com/students>
- **EY**
https://www.ey.com/nl_nl/careers/job-search
- **First Consulting**
<https://firstconsulting.nl/nl/werken-bij/>
- **Issuemakers**
<https://www.issuemakers.nl/werken-bij-issuemakers/>
- **McKinsey & Company**
<https://www.mckinsey.com/careers/search-jobs/jobs/associateintern-14918>
- **KPMG**
<https://www.werkenbijkpmg.nl/vacatures/experience/11-student-0>
- **KWINK groep**
<https://www.kwinkgroep.nl/carriere/>
- **PwC**
<https://www.pwc.nl/nl/carriere/studenten-starters/traineeships.html>
- **Twynstra Gudde**
<https://www.twynstragudde.nl/vacature>





WEBSITES

UN INTERNSHIPS

- **UN headquarters**
<https://careers.un.org/lbw/home.aspx?viewtype=ip>
- **Economic and Social Commission for Western Asia (ESCWA)**
<https://www.unescwa.org/about/internships>
- **UN Economic Commission for Latin America and the Caribbean**
<https://www.cepal.org/en/headquarters-and-offices/eclac-washington-dc/internship-position>
- **Food and Agriculture Organisation of the UN (FAO)**
<http://www.fao.org/employment/en/>
- **International Fund for Agricultural Development (IFAD)**
<https://www.ifad.org/en/internship-programme>
- **International Court of Justice (ICJ)**
<https://www.icj-cij.org/en/internships>
- **International Residual Mechanism for Criminal Tribunals (IRMCT)**
<https://www.irmct.org/en/recruitment/internship/internship-programme>
- **International Labour Organization (ILO)**
<https://www.ilo.org/global/about-the-ilo/employment-opportunities/lang-en/index.htm>
- **International Maritime Organization (IMO)**
<https://www.imo.org/en/OurWork/ERO/Pages/Internship-default.aspx>
- **International Monetary Fund (IMF)**
<https://www.imf.org/en/About/Recruitment>
- **International Trade Centre**
<https://www.intracen.org/itc/about/working-with-itc/itc-career/>
- **International Training Centre of the International Labour Organization**
<https://www.itcilo.org/about/jobs>
- **International Tribunal for the Law of the Sea (ITLOS)**
<https://www.itlos.org/index.php?id=243&L=0>
- **Joint United Programme on HIV/AIDS (UNAIDS)**
<https://www.unaids.org/en/vacanciesandtenders/vacancies>
- **UNESCO Institute for Lifelong Learning (UIL)**
<https://uil.unesco.org/unesco/internships>
- **United Nations Association of the United States of America (UNA-USA)**
<https://unfoundation.org/careers/internship-opportunities/>
- **United Nations Environment Programme (UNEP)**
<https://www.unep.org/work-with-us>
- **United Nations Commission on International Trade Law (UNCITRAL)**
<https://uncitral.un.org>



WEBSITES

- **United Nations Convention to Combat Desertification (CCD)**
<https://www.unccd.int/about-us/secretariat/vacancies/apply-unccd-internship>
- **United Nations Development Fund for Women (UNIFEM)**
<https://www.unwomen.org/en/about-us/employment/internship-programme>
- **United Nations Development Programme (UNDP)**
<https://www.undp.org/careers>
- **United Nations Commission for Europe (UNECE)**
<https://unece.org/unece-internship-programme>
- **United Nations Educational, Scientific and Cultural Organization**
<https://careers.unesco.org/go/Internships-and-volunteers/783902/>
- **United Nations Children's Fund (UNICEF)**
<https://www.unicef.org/careers/>
- **United Nations Framework Convention on Climate Change**
http://unfccc.int/secretariat/internship_programme/items/2653.php
- **United Nations High Commissioner for human Rights (UNHCHR)**
<http://www.ohchr.org/EN/AboutUs/Pages/InternshipProgramme.aspx>
- **United Nations High Commissioner for Refugees (UNHCR)**
<http://www.unhcr.org/pages/49c3646c49d.html>
- **United Nations Industrial Development Organization (UNIDO)**
<https://www.unido.org/resources-employment/internship>
- **United Nations Institute for Disarmament Research (UNIDIR)**
<http://www.unidir.org/about/vacancies>
- **United Nations Institute for Training and Research (UNITAR)**
<https://unitar.org/vacancy-announcements>
- **UN Office for the Coordination of Humanitarian Affairs (IRIN-Nairobi)**
<http://www.irinnews.org/Jobs>
- **United Nations Office for Drugs and Crime (UNODC)**
https://www.unodc.org/unodc/en/job_internship.html
- **World Bank**
<https://www.worldbank.org/en/about/careers/programs-and-internships>
- **World Federation of United Nations Associations (WFUNA)**
<http://www.wfuna.org/internship-vacancies-and-application-instructions>
- **World Health Organization (WHO)**
<http://www.who.int/employment/internship/en/>
- **World Trade Organization (WTO)**
https://www.wto.org/english/thewto_e/vacan_e/vacan_e.htm



WEBSITES

GENERAL VACANCY SITES

- **Charity Job**
<http://www.charityjob.com/>
- **Dutch Internships in The Hague or Abroad for the MFA**
<https://www.werkenvoorinternationaleorganisaties.nl/stages>
- **Euractiv**
<http://jobs.euractiv.com>
- **Eurobrussels**
<http://www.eurobrussels.com/jobs/internship>
- **Idealist**
<http://www.idealist.org/>
- **Information about internships in UN and EU**
http://eu-un.europa.eu/articles/en/article_13122_en.htm
- **Intern Jobs**
<http://www.internjobs.com/>
- **Internships Dutch Government**
<https://www.werkenvoornederland.nl/vacatures?type=stage>
- **Jobs Brussels**
<http://www.jobs-brussels.com/profile/597>
- **One world**
<http://www.oneworld.net/>
- **Reliefweb**
<http://reliefweb.int/jobs>
- **Security Talent**
<https://securitytalent.nl/jobs-internships>



WEBSITES

INTERNSHIPS AT NGO'S

- **Accord (Durban, South Africa)**
<http://www.accord.org.za/us/internships>
- **Action against hunger (New York)**
<http://www.actionagainsthunger.org/about/employment/internships>
- **American Chamber of Commerce in Germany**
<https://www.amcham.de>
- **Amnesty International Europe**
<https://www.amnesty.org/en/careers/>
- **Article 19 (London)**
<http://www.article19.org/pages/en/internships.html>
- **BRICS Policy Center**
<https://bricspolicycenter.org/en/>
- **Care USA**
<http://www.care.org/careers/internships.asp>
- **Carter centre**
<http://www.cartercenter.org/involved/internship/index.html>
- **Cultural Survival**
<http://www.culturalsurvival.org/about/internships>
- **European Centre for Minority Issues**
<https://www.ecmi.de/career/recruitment-1>
- **European Network against Racism**
<https://www.enar-eu.org/Jobs-and-student-placements-1656>
- **European Stability Initiative (Berlin)**
<https://www.esiweb.org/junior-fellows>
- **Geneva Centre for Security Policy**
<http://www.gcsp.ch/About/Global-Fellowship-Initiative>
- **GIZ, Deutsche Gesellschaft für Internationale Zusammenarbeit (Bonn/Brussels)**
<https://www.giz.de/en/html/jobs.html>
- **Global Nature Fund (Radolfzell, Germany)**
<https://www.globalnature.org/en/home>
- **Human Rights Watch**
<http://www.hrw.org/about/volunteering>
- **INCORE (university of Ulster, Ireland)**
<https://www.ulster.ac.uk/incore/research>



WEBSITES

- **Innovations for Poverty Action**
<http://www.poverty-action.org/getinvolved/internships>
- **Institute for Peace Research and Security Policy (Hamburg, Germany)**
<https://ifsh.de/en>
- **Interights**
<http://www.interights.org/vacancies/index.html>
- **International Alert**
<http://www.international-alert.org/jobs>
- **International Institute for Strategic Studies (IISS)**
<https://www.iiss.org/careers>
- **International Service for Human Rights**
<http://www.ishr.ch/internships>
- **International Stability Operations Association**
<http://www.stability-operations.org/?page=Internships>
- **Mercy corps**
<https://europe.mercycorps.org/en-gb/careers>
- **Open Society Foundations**
<https://www.opensocietyfoundations.org/employment>
- **Oxfam**
<http://www.oxfam.org.uk/get-involved/volunteer-with-us>
- **Saferworld**
<http://www.saferworld.org.uk/about/jobs>
- **Unrepresented Nations and Peoples Organization (UNPO, Brussels)**
<http://unpo.org/section/2/9>
- **Wikistrat (New York)**
<https://www.wikistrat.com/contact-us>
- **World organization against Torture**
<https://www.omct.org/en/who-we-are/careers>



WEBSITES

INTERNSHIPS AT OTHER INTERNATIONAL ORGANIZATIONS

- **Amnesty International**
<https://careers.amnesty.org/category/7/39/description/>
- **African Union**
<https://au.int/en/internships>
- **Centre for UN Reform Education (New York)**
<http://www.centerforunreform.org/?q=node/16>
- **Coalition for the ICC (New York Secretariat)**
<https://www.coalitionfortheicc.org/internships>
- **Dutch Ministry of Foreign Affairs**
<https://www.werkenvoorinternationaleorganisaties.nl/stages/overzicht-stages>
- **Earth Rights International (Washington DC)**
<https://earthrights.org/careers/>
- **Global Witness (London)**
<http://www.globalwitness.org/about-us/jobs>
- **Greenpeace**
<https://www.greenpeace.org/international/act/jobs/>
- **ICRC (International Committee of the Red Cross)**
<https://www.icrc.org/eng/who-we-are/jobs/>
- **IDMC (Internal Displacement Monitoring Centre)**
<https://www.internal-displacement.org/careers>
- **International IDEA (Stockholm)**
<https://www.idea.int/careers>
- **IFES (Washington DC)**
<http://www.ifes.org/work-us/careers>
- **Interpol (Lyon, France)**
<https://www.interpol.int/What-you-can-do/Careers>
- **International Commission of Jurists (Geneva)**
<http://www.icj.org/about/internships/>
- **International Criminal Court (ICC)**
<https://www.icc-cpi.int/jobs/pages/internships-and-visiting-professionals.aspx>
- **International Organization for Migration**
<https://www.iom.int/internships-iom>



WEBSITES

- **Institute for Culture Diplomacy (Berlin, Germany)**
https://www.culturaldiplomacy.org/index.php?en_internship-project-2020-2025
- **National Democratic Institute (NDI) Washington**
<https://www.ndi.org/internships>
- **Organisation for Economic Co-operation and Development (OECD)**
<https://www.oecd.org/careers/internship-programme/>
- **Organization for Security and Co-operation in Europe (OSCE)**
<http://www.osce.org/employment/91>
- **Social Platform**
<http://www.socialplatform.org/job/interships/>
- **The Nexus Institute to Combat Human Trafficking (Vienna)**
<http://www.nexusinstitute.net/about/>
- **The Mission of US Committee for Refugees and Immigrants (Washington D.C.)**
<http://www.refugees.org/about-us/careers.html>
- **Transparency International**
<https://www.transparency.org/whoweare/work>
- **World Bank**
<https://www.worldbank.org/en/about/careers/programs-and-internships>
- **World Federalist Movement-Institute for Global Policy**
<https://www.wfm-igp.org/jobs-internships/>
- **WTO (World Trade Organization)**
https://www.wto.org/english/thewto_e/vacan_e/iyp_e.htm#WTO_Internship
- **World Tourism Organization (UNWTO)**
<https://www.unwto.org/work-with-us#internship>



WEBSITES

INTERNSHIPS AT THINK TANKS, RESEARCH CENTRES AND LOBBYING ORGANIZATIONS

- **Atlantic Council of the United States**
<https://www.atlanticcouncil.org/careers/internships/>
- **BRILL Publishers**
<https://brill.com/page/vacancyinterndownstream>
- **Centre for International Policy**
<https://www.internationalpolicy.org/internships>
- **Centre for Strategic and International Studies (Washington)**
<http://csis.org/about-us/internships>
- **Clements Center for National Security**
<https://www.clementscenter.org/internship-database/view-all>
- **EUC Network**
<http://eucnetwork.org.nz/students/71-internship-opportunities>
- **European Institute of Public Administration**
<https://www.eipa.eu/student-internships/>
- **Global Policy Forum**
<https://www.globalpolicy.org/internships.html>
- **Humanity Hub**
<https://www.humanityhub.net/sdg-traineeship/>
- **International Crisis Group**
<https://jobs.crisisgroup.org>
- **The European Institute (Washington)**
<https://www.europeaninstitute.org/index.php/about-uss>
- **The Foreign Policy Centre**
<https://fpc.org.uk/about/working-for-us/>
- **The Royal Institute of International Affairs (London)**
<http://www.chathamhouse.org/jobs>
- **Think Tank Watch**
Site that refers to several think tanks and lobbying organizations
<http://thinktank-watch.blogspot.nl/2007/11/stockholm-network.html>
- **United Nations University**
<http://unu.edu/about/internship>



WEBSITES

INTERNSHIPS AT IOS AND NGOS IN THE HAGUE AND AMSTERDAM

- **African Diaspora Policy Centre**
<http://www.diaspora-centre.org/vacancies/>
- **Asser Institute**
<http://www.asser.nl/about-the-institute/jobs-opportunities/>
- **Amnesty International (Dutch speakers)**
<http://www.amnesty.nl/over-amnesty/vacatures>
- **Atlantic Committee (Dutch speakers)**
<http://www.atlcom.nl/atlantische-commissie/stage/>
- **Clingendael Institute**
<http://www.clingendael.nl/page/jobs-and-internships>
- **Coalition for the International Criminal Court (The Hague Secretariat)**
<http://www.coalitionfortheicc.org/?mod=employment>
- **CORDAID**
<https://www.cordaid.org/nl/wie-we-zijn/werken-bij-cordaid/>
- **Euroclio**
<https://www.euroclio.eu/traineeship/>
- **Eurojust**
<https://www.eurojust.europa.eu/about-us/jobs/internships>
- **Europol**
<https://www.europol.europa.eu/vacancies>
- **Global Human Rights Defence**
<https://ghrd.org/careers/>
- **Global Partnership for the Prevention of Armed Conflict (GPPAC)**
<http://www.gppac.net/work-with-us>
- **The Hague Centre for Strategic Studies**
<http://www.hcss.nl/jobs/>
- **Hague Institute for the Internationalization of the Law (HiIL)**
<http://www.hiil.org/about-us/vacancies-and-internships>
- **IB-Consultancy**
<https://ib-consultancy.com/work-with-us/>
- **International Centre for Counter-terrorism**
<http://icct.nl/about/careers/>
- **Mama Cash**
<http://www.mamacash.org/who-we-are/jobs-and-volunteering/>



WEBSITES

- **Netherlands Institute for Multiparty Democracy (NIMD)**
<http://nimd.org>
- **The Netherlands Helsinki Committee**
<https://www.nhc.nl/vacancies/>
- **Office for Metropolitan Architecture (OMA)**
<http://oma.eu/jobs>
- **Organization for the Prohibition of Chemical Weapons**
<http://www.opcw.org/jobs/internships-at-opcw/>
- **OSCE High Commissioner on National Minorities**
<http://www.osce.org/employment/91>
- **OXFAM Novib**
<http://www.oxfamnovib.nl/vacatures.html>
- **Sen Foundation**
<https://www.sen-foundation.org>
- **Shell**
<http://www.shell.com/global/aboutshell/careers/students-and-graduates/shell-graduate-programme/internship.html>
- **Society for International Development - Netherlands Chapter**
<https://www.sidint.net/content/join-sid-0>
- **Special Tribunal for Lebanon**
<https://www.stl-tsl.org/en/employment/internship-program>
- **Stichting Vluchteling**
<https://www.vluchteling.nl/over-ons/vacatures>
- **The Hague Justice Portal**
<http://www.haguejusticeportal.net/>
- **Unrepresented Nations and Peoples Organization (UNPO)**
<https://unpo.org/section/2/16>
- **VNG-International**
<https://www.vng-international.nl/vacancies-and-internships>
- **War Child**
<http://www.warchild.nl/internship>
- **Women's Initiatives for Gender Justice**
http://www.iccwomen.org/aboutus/jobs_and_internships.html
- **Women Peacemakers Project**
<https://www.peacewomen.org/pw-internships>
- **World Federalist Movement-Institute for Global Policy**
<https://www.wfm-igp.org/jobs-internships/>