

Child and Adolescent Psychology: Goal and Program

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Universiteit Leiden
The Netherlands

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Goal

To facilitate children's and adolescents'
optimal development

Contribute to and renew practice

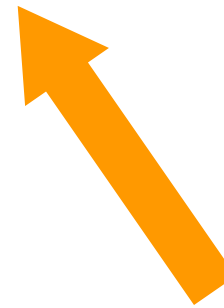
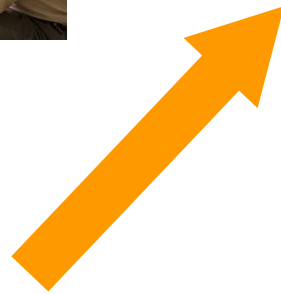


Some places of work

- Children's hospital
- Mental health services (RIAGG, Kinder- en jeugd)
- Youth prison
- Schools for children with handicaps
- Secondary schools
- School counseling (schoolbegeleidingsdienst)
- Test development (CITO)
- Own practice: Tests, advice, training
- Special day care
-



CLINICAL WORK,
Scientific flavour



MASTER'S THESIS

INTERNSHIP

COURSEWORK:
ELECTIVE
(extra theory)



COURSEWORK:
MANDATORY
(skills training)

Program: Elements and ECs

Coursework: Mandatory (20)

Master's thesis (20)

Internship (EI: 20; EPI, IPI, RI: 10)

Coursework: Elective (0, 5, 10, ...)

Coursework: Mandatory



Diagnose

Advanced psychodiagnostics in C&A

Diagnose & Treat

Behaviour training with children

Cognitive behaviour therapy with young people

Solution focused therapy

Coursework: Elective

Recommended

Advanced child and adolescent psychiatry
Child neuropsychology: Theory and assessment
e-Health interventions in mental health care
Trainers course communication skills
Transdiagnostic approach of eating disorders



Time consuming

Professional

Competitive

Different from bachelor

English

Multitasking

Practical

Timings

Coursework: Mandatory

Semester

Advanced psychodiagnostics in C&A

1

Behaviour training with children

1

CBT with young people

2

Solution focused therapy

2

Coursework: Elective

Semester

Advanced child and adolescent psychiatry	2
Child neuropsychology: Theory and assessment	1
e-Health interventions in mental health care	2
Trainers course communication skills	1
Transdiagnostic approach of eating disorders	2

One way to do this in one year

19/20 Semester 1

Advanced psychodiagnostics in C&A
Behaviour training with children
Master thesis

19/20 Semester 2

CBT with young people
Solution focused therapy
Internship

Another way to do this in one year

19/20 Semester 1

Advanced psychodiagnostics in C&A

Behaviour training with children

Master thesis, Part 1

Elective 1

Internal Practical Internship, Part 1

19/20 Semester 2

CBT with young people

Solution focused therapy

Master thesis, Part 2

Elective 2

Internal Practical Internship, Part 2

One way to do this in 1.5 to 2 years

19/20 Semester 1

Advanced psychodiagnostics in C&A
Behaviour training with children

Electives

19/20 Semester 2

CBT with young people
Solution focused therapy

Electives

20/21: Master thesis, internship

SUMMING UP



Goal

To facilitate children's and adolescents'
optimal development