Child and Adolescent Psychology: Goal and Program

Harrie Boelens – 15 March 2019
Goal

To facilitate children’s and adolescents’ optimal development

Contribute to and renew practice
Some places of work

- Children's hospital
- Mental health services (RIAGG, Kinder- en jeugd)
- Youth prison
- Schools for children with handicaps
- Secondary schools
- School counseling (schoolbegeleidingsdienst)
- Test development (CITO)
- Own practice: Tests, advice, training
- Special day care
- ........
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CLINICAL WORK, Scientific flavour

MASTER'S THESIS

INTERNSHIP

COURSEWORK: ELECTIVE (extra theory)

COURSEWORK: MANDATORY (skills training)
Program: Elements and ECs

Coursework: Mandatory (20)
 Master's thesis (20)
 Internship (EI: 20; EPI, IPI, RI: 10)
 Coursework: Elective (0, 5, 10, ...)
Coursework: Mandatory

**Diagnose**
Advanced psychodiagnostic in C&A

**Diagnose & Treat**
Behaviour training with children
Cognitive behaviour therapy with young people
Solution focused therapy
Coursework: Elective

Recommended

Advanced child and adolescent psychiatry
Child neuropsychology: Theory and assessment
e-Health interventions in mental health care
Trainers course communication skills
Transdiagnostic approach of eating disorders
Time consuming

Different from bachelor

Professional

English

Multitasking

Practical

Competitive
Timings

<table>
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<tr>
<th>Coursework: Mandatory</th>
<th>Semester</th>
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<tbody>
<tr>
<td>Advanced psychodiagnostics in C&amp;A</td>
<td>1</td>
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<tr>
<td>Behaviour training with children</td>
<td>1</td>
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<tr>
<td>CBT with young people</td>
<td>2</td>
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<tr>
<td>Solution focused therapy</td>
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</table>
Coursework: Elective

Advanced child and adolescent psychiatry 2
Child neuropsychology: Theory and assessment 1
e-Health interventions in mental health care 2
Trainers course communication skills 1
Transdiagnostic approach of eating disorders 2
One way to do this in one year

19/20 Semester 1
Advanced psychodiagnostistics in C&A
Behaviour training with children
Master thesis

19/20 Semester 2
CBT with young people
Solution focused therapy
Internship
Another way to do this in one year

19/20 Semester 1
Advanced psychodiagnostic in C&A
Behaviour training with children
Master thesis, Part 1
Elective 1
Internal Practical Internship, Part 1

19/20 Semester 2
CBT with young people
Solution focused therapy
Master thesis, Part 2
Elective 2
Internal Practical Internship, Part 2
One way to do this in 1.5 to 2 years

19/20 Semester 1
Advanced psychodiagnostic in C&A
Behaviour training with children
Electives

19/20 Semester 2
CBT with young people
Solution focused therapy
Electives

20/21: Master thesis, internship
Goal

To facilitate children’s and adolescents’ optimal development