Child and Adolescent Psychology: Goal and Program

Harrie Boelens, Lotte van Doorn, & Masja Fokkenrood – March 16th, 2018
Goal

To facilitate children’s and adolescents’ optimal development

Contribute to and renew practice
Some places of work

- Children's hospital
- Mental health services (RIAGG, Kinder- en jeugd)
- Youth prison
- Schools for children with handicaps
- Secondary schools
- School counseling (schoolbegeleidingsdienst)
- Test development (CITO)
- Own practice: Tests, advice, training
- Special day care
- ......
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CLINICAL WORK, Scientific flavour

- MASTER'S THESIS
- INTERNSHIP
- COURSEWORK: ELECTIVE (extra theory)
- COURSEWORK: MANDATORY (skills training)
Program: Elements and ECs

Coursework: Mandatory (20)
Master's thesis (20)
Internship (EI: 20; EPI, IPI, RI: 10)
Coursework: Elective (0, 5, 10, ...)

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Coursework: Mandatory

Diagnose
Advanced psychodiagnostic in C&A

Diagnose & Treat
Behaviour training with children
Cognitive behaviour therapy with young people
Solution focused therapy
Coursework: Elective

Recommended

Advanced child and adolescent psychiatry
Child neuropsychology: Theory and assessment
e-Health interventions in mental health care
Trainers course communication skills
Transdiagnostic approach of eating disorders
Different from bachelor

Time consuming

Multitasking

Professional

English

Competitive

Practical

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Timings

Coursework: Mandatory

Advanced psychodiagnostics in C&A
Behaviour training with children
CBT with young people
Solution focused therapy

Semester

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<table>
<thead>
<tr>
<th>Coursework: Elective</th>
<th>Semester</th>
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<td>Advanced child and adolescent psychiatry</td>
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One way to do this in one year

18/19 Semester 1
Advanced psychodiagnostics in C&A
Behaviour training with children
Master thesis

18/19 Semester 2
CBT with young people
Solution focused therapy
Internship
Another way to do this in one year

18/19 Semester 1
Advanced psychodiagnostic in C&A
Behaviour training with children
Master thesis, Part 1
Elective 1
Internal Practical Internship, Part 1

18/19 Semester 2
CBT with young people
Solution focused therapy
Master thesis, Part 2
Elective 2
Internal Practical Internship, Part 2
One way to do this in 1.5 to 2 years

18/19 Semester 1
Advanced psychodiagnostics in C&A
Behaviour training with children
Electives

18/19 Semester 2
CBT with young people
Solution focused therapy
Electives

19/20: Master thesis, internship
SUMMING UP

Goal

To facilitate children’s and adolescents’ optimal development