

# Child and Adolescent Psychology: Goal and Program

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Universiteit Leiden  
The Netherlands

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# Goal

To facilitate children's and adolescents'  
optimal development

Contribute to and renew practice

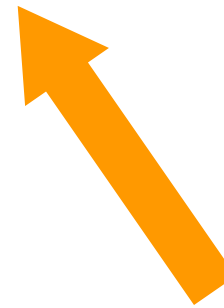
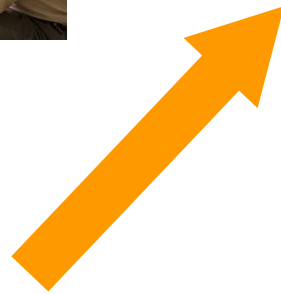


## Some places of work

- Children's hospital
- Mental health services (RIAGG, Kinder- en jeugd)
- Youth prison
- Schools for children with handicaps
- Secondary schools
- School counseling (schoolbegeleidingsdienst)
- Test development (CITO)
- Own practice: Tests, advice, training
- Special day care
- .....



CLINICAL WORK,  
Scientific flavour



MASTER'S THESIS

INTERNSHIP

COURSEWORK:  
ELECTIVE  
(extra theory)



COURSEWORK:  
MANDATORY  
(skills training)

# Program: Elements and ECs

Coursework: Mandatory (20)

Master's thesis (20)

Internship (EI: 20; EPI, IPI, RI: 10)

Coursework: Elective (0, 5, 10, ...)

# Coursework: Mandatory



## *Diagnose*

Advanced psychodiagnostics in C&A

## *Diagnose & Treat*

Behaviour training with children

Cognitive behaviour therapy with young people

Solution focused therapy

# Coursework: Elective

Recommended

Advanced child and adolescent psychiatry  
Child neuropsychology: Theory and assessment  
e-Health interventions in mental health care  
Trainers course communication skills  
Transdiagnostic approach of eating disorders



# Time consuming

Professional

Competitive

Different from bachelor

English

Multitasking

# Practical



# Timings

Coursework: Mandatory

Semester

Advanced psychodiagnostics in C&A

1

Behaviour training with children

1

CBT with young people

2

Solution focused therapy

2

## Coursework: Elective

Semester

Advanced child and adolescent psychiatry	2
Child neuropsychology: Theory and assessment	1
e-Health interventions in mental health care	2
Trainers course communication skills	1
Transdiagnostic approach of eating disorders	2

*One way to do this in one year*

## 18/19 Semester 1

Advanced psychodiagnostics in C&A  
Behaviour training with children  
Master thesis

## 18/19 Semester 2

CBT with young people  
Solution focused therapy  
Internship

*Another way to do this in one year*

## 18/19 Semester 1

Advanced psychodiagnostics in C&A

Behaviour training with children

Master thesis, Part 1

Elective 1

Internal Practical Internship, Part 1

## 18/19 Semester 2

CBT with young people

Solution focused therapy

Master thesis, Part 2

Elective 2

Internal Practical Internship, Part 2

*One way to do this in 1.5 to 2 years*

## 18/19 Semester 1

Advanced psychodiagnostics in C&A  
Behaviour training with children

Electives

## 18/19 Semester 2

CBT with young people  
Solution focused therapy

Electives

**19/20:** Master thesis, internship

## SUMMING UP



# Goal

To facilitate children's and adolescents'  
optimal development