

# MSc in Psychology

**training to become a scientist --- practitioner**

Dr. Arjaan Wit  
Director of BSc, MSc and MSc (research) in Psychology

15 March 2019



**Universiteit  
Leiden**  
The Netherlands

# scientist ---

lab experiments



questionnaires



computer tests



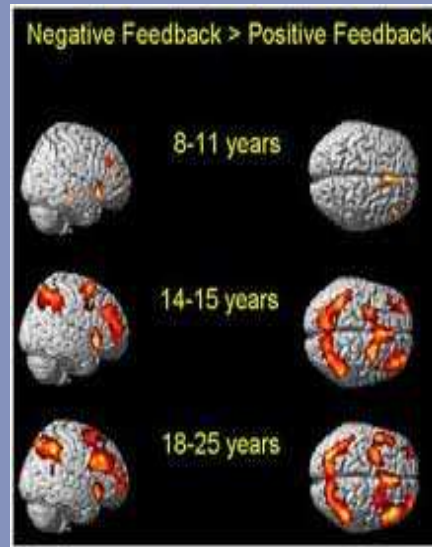
field observations



bargaining games



# MRI scans



# stress hormones



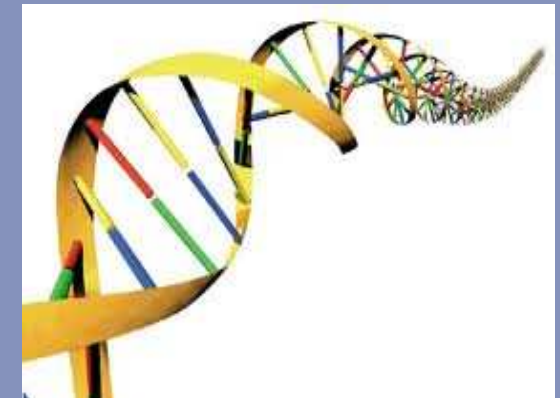
# EEG



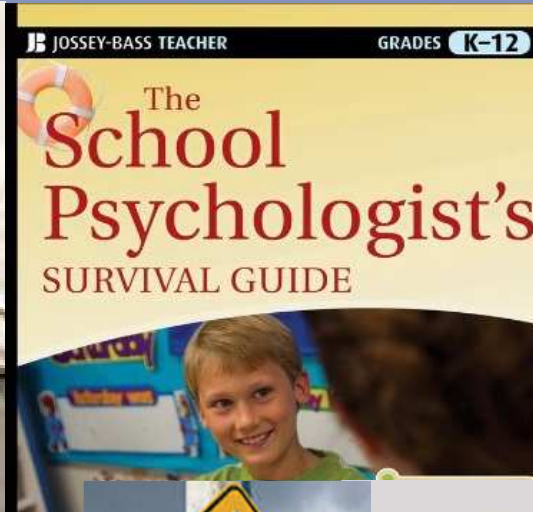
# blood pressure



# DNA



# --- practitioner



# training to become a scientist --- practitioner

## Career perspectives

Orientation in internship, (extra)curricular events

## Theoretical, professional and research skills

Courses

Thesis

## Diversity

Students with various backgrounds:

- BSc Psychology Leiden University
- Other BSc Psy programs in NL or abroad
- Adjacent bachelor programs, via premaster's program



# training to become a scientist --- practitioner

**10 specialisations MSc Psy 60 EC**

- Child and Adolescent Psychology
- Clinical Psychology
- Clinical Neuropsychology
- Health and Medical Psychology
- School Psychology
  
- Occupational Health Psychology
- Applied Cognitive Psychology
- Social and Organisational Psychology
- Economic and Consumer Psychology
- Methodology and Statistics in Psychology

**training to become a scientist --- practitioner**

**4 specialisations MSc Psy (research) 120 EC**

- **Clinical and Health Psychology**
- **Cognitive Neuroscience**
- **Developmental Psychology**
- **Social and Organisational Psychology**

# Differences with BSc program

- Language: Plenary lectures      English  
                  Skills courses        English or Dutch  
                  Internship                English or Dutch  
                  Thesis                        English

*N.B. English language courses  
at Talencentrum Univ. Leiden*

- Time investment
- Even stronger orientation on professional disciplines, work fields, career perspectives



# expectations

What can you expect from a master's specialisation?

Be a *Student for a Day*. By attending a lecture and in discussions with a student, you learn more about the MSc specialisation that you are considering.

# expectations

- **What can you expect from the work field?**
  - talk with workers in the field
  - guest lectures
  - student conferences on career perspectives
  
- **What will the work field expect from you?**
  - talk with workers in the field
  - employment advertisements
  - excursions, traineeship, volunteer work

# example: multiple disciplinary perspectives

virtual presence of  
many others

(ir)rational choices?

E-commerce

overstimulation

health and  
well-being?

social-emotional  
development



time/stress management

multi-tasking

reliable self-reports  
about use?

addiction?

design of  
interfaces

conformity pressures

# career perspectives

orientation on the competitive labour market

is not the same as

orientation on various professional disciplines

# for example, labour market.....

- Philips, Sony, Unilever, Shell
- Institutions for mental health care
- School counselling services
- International banking
- Hospitals
- Clinical practices
- Business consultancies
- Municipality
- Ministry of Education, Culture & Science
- Research Institutions

**example:**

**in hospitals**

**workers from various disciplines:**

- **Child and Adolescent Psychology**
- **Clinical Psychology**
- **Clinical Neuropsychology**
- **Health and Medical Psychology**
- **School Psychology**
  
- **Occupational Health Psychology**
- **Applied Cognitive Psychology**
- **Social and Organisational Psychology**
- **Economic and Consumer Psychology**
- **Methodology and Statistics in Psychology**

**example:**

**in banks**

**workers form various disciplines:**

- **Occupational Health Psychology**
- **Health and Medical Psychology**
- **Applied Cognitive Psychology**
- **Social and Organisational Psychology**
- **Economic and Consumer Psychology**
- **Methodology and Statistics in Psychology**

**example:            in mental health care (MHC)**

**workers from various disciplines:**

- **Child and Adolescent Psychology**
- **Clinical Psychology**
- **Clinical Neuropsychology**
- **Health and Medical Psychology**
- **School Psychology**
- **Methodology and Statistics in Psychology**



# career perspectives .....



symposia

lectures

workshops

excursions



counseling  
workshops  
training

# curriculum MSc Psychology 60 EC

## 5 non-clinical specialisations: ACP, ECP, MSP, OHP, SOP:

Courses in specialisation	20 EC	
Thesis	20 EC	
Courses (electives)	10 EC	
Internship	10 EC	practice and/or research, outside/inside university

## 5 clinical specialisations: CAP, CNP, CP, HMP, SP:

Courses in specialisation	20 EC	
Thesis	20 EC	
you may <i>opt</i> for:		
Clinical practical internship	20 EC	practice, required for post- master MHC (GZ) in NL; outside university

+ *honours* ? *Leiden Leadership Program* 15 EC

# perspectives on post-master education

twice a year:

## 24 May 2019

“Broaden your Horizon” Dutch + Eng  
Psychologie en Toekomstperspectief

## ... November 2019

“Informatie-avond post-masters” Dutch

Sectie Psychologie Studenten

Nederlands Instituut van Psychologen  NIP

## Master Your Future!

### SPS-NIP organiseert de Post- Master Opleidingen avond

Datum ~~maandag 18 november~~  
Aanvang 18:30  
Locatie SC01, Faculteit Sociale  
Wetenschappen  
Kosten Gratis voor NIP leden  
€1.50 voor niet-leden

Mail naar  
[leidenplatform@gmail.com](mailto:leidenplatform@gmail.com)  
Of schrijf je in op de  
inschrijflijst op het SPS-NIP prikbord  
(naast het Labyrint prikbord)

Check SPS-NIP via:



## SPS-NIP: Dé brug naar je toekomst

Discover the world at Leiden University

# type of internship => duration of MSc

10 EC      internship **outside / inside** Institute Psy.  
→ fits within 1-year program

20 EC      option in CAP, CNP, CP, HMP, SP:  
clinical practical internship **outside**  
Institute Psy. often takes longer:  
→ in total 1½ to 2 years program

# career perspectives

For you, orientation via

- + *internship (10 or 20 EC)*
- + *career events (alumni) in/outside univ.*
- + *volunteer work out/inside univ.*
- + *traineeship (e.g. honours program)*

may be more fruitful  
than taking *many extra* courses .....

# career perspectives

Employers are particularly interested in

- + *internship, thesis*
- + extra-curricular activities out/inside univ.
  - work experience*
  - volunteer jobs*
  - participation in committees univ.*
  - honours program*
  - study association*

# MSc Psychology (research) 120 EC

Intake of ca. 40 students per year

Selection of applicants

Stronger focus on scientific research,  
methodology and statistics

Prepares students for PhD programs  
and research positions outside academia

training to become a scientist – practitioner

4 specialisations MSc Psy (research) 120 EC

- Clinical and Health Psychology
- Cognitive Neuroscience
- Developmental Psychology
- Social and Organisational Psychology

***in Faculty of Science***

- *Statistical Science for the Life and Behavioural Sciences*



# curriculum MSc Psychology (r) 120 C

## All 4 specialisations (tracks):

General modules	40 EC	research, statistics, writing, presenting, ethics
Courses in specialisation	20 EC	
Courses (electives)	20 EC	
Research thesis	20 EC	
Research internship	20 EC	inside/outside Leiden Univ.

Electives may be taken from

MSc Psychology

MSc Psychology (research)

MSc (research) programs at Leiden University or elsewhere

# career as a scientist -- practitioner in Mental Health Care

- Step 1            2-year MSc Psychology (research) in  
                         Clinical and Health Psychology  
                         or  
                         Developmental Psychology
- Step 2            Electives (20 EC) as part of MSc Psy (research):  
                         skills courses from 1-year program MSc Psy
- Step 3            In addition, on top:  
                         Clinical practical internship 20 EC

# Be on time ....

<b>one-year MSc or two-year Research Master</b>	<b>Start February 2020</b>	<b>Start September 2019</b>	<b>For whom?</b>
MSc/RM	1 Nov 2019	1 April 2019	Non-EU students and EU students who want to apply for housing
MSc/RM	1 Dec 2019	15 June 2019	EU students
MSc	31 Jan 2020	31 Aug 2019	BSc Psychology students - Leiden University
RM	1 Dec 2019	15 June 2019	BSc Psychology students - Leiden University

Admission requirements  
for  
one-year MSc Psy  
and  
two-year MSc Psy (research)

# One-year MSc in Psychology

- Students with a BSc Psychology from **Leiden University** are directly eligible for admission, if at least the appropriate specialisation course has been completed.
- Students with a **different educational background** should:
  - have a Bachelor degree at a Research University or demonstrate the ability to meet the requirements for such a degree
  - have sufficient knowledge of Methodology and Statistics (at least 20 EC)
  - possess knowledge on university level of the following topics:
    - *Introduction to Psychology, Social and Organisational Psychology, Personality Psychology, Cognitive Psychology, Neuropsychology and/or Psychophysiology and/or Biopsychology, Clinical and Abnormal Psychology, Developmental and Educational Psychology, Theory or training in interpersonal skills (interview, counselling, discussion techniques, etc.), Theory or training in psychodiagnostics.*
  - have completed at least 30 EC on a third year Bachelor level on topics pertaining to this master specialisation.
- (Some) prospective students should have proof of thorough proficiency in English by means of one of the IELTS or TOEFL.

# Two-year MSc in Psychology (r)

- All students have to apply for admission to the Research Master.
- The requirements are (almost) the same as for the one-year MSc.
- Differences: students interested in the Research Master
  - need to have a high grade for the bachelor's thesis and a high average grade for coursework (7.5 or higher or ranking among the top 20% of your class)
  - need higher scores on the language tests.

any questions?

