International Bachelor Psychology

Semester II of Year 2 of the IBP and Beyond....

Jennifer Martin and Florine Weekenstroo

November 23, 2017
Planning your degree programme

Making choices

Orientation of course and career options (POCP)

Set-up of programme; 2\textsuperscript{nd} semester, 3\textsuperscript{rd} year

✓ Specialisation courses

✓ Electives: within or outside of psychology; study abroad; minor

Semester II registration

Planning your route

Choosing the route towards your master’s and beyond
Psychology: International Bachelor in Psychology (IBP), 2017-2018

This is the e-Prospectus for the International Bachelor in Psychology (IBP)

Ga naar de e-Studiegids voor de Nederlandstalige bacheloropleiding Psychologie 2017-2018

Bachelor programme
The bachelor programme is a three-year programme. In the first year you will be provided with a summary of psychology and all its (sub)disciplines. In the first part of the second year, the knowledge and skills of a psychologist are the focus of attention. In the second part, and the third year, you will study areas within and outside of psychology based on your individual preferences. The bachelor programme will prepare you for the master programme. You will complete the bachelor programme with a bachelor project.

Enrolling for bachelor’s courses and exams via uSis
- First year students are automatically enrolled in the courses of the propaedeutic year. You need to enrol for exams via uSis.
- Second and third year students need to enrol in lectures, work groups and exams via uSis.

Registering for courses is only possible during registration periods
Bachelor course registration

See tab ‘more info’ for timetables, more information on regulations, and more.

More information
- Programme Structure
- Regulations: complaints procedure, enrolling for courses, registration for examinations, course and examination regulations, fraud
- Entry requirements specialisations master’s programmes
- Post master vocational training in health care
Study Pace in Bachelor Programme

180 ec required to complete the bachelor degree
(Required, Specialisation and Elective Courses)

- 60 ec per academic year
to complete the programme in 3 years

- 15 ec in each of the 4 Blocks = 60 ec per academic year

If you did not get your Propedeuse in one year, you will likely need more time to complete degree!
Programme Structure

Year 1

60 EC
Foundation Year (Propaedeutic phase) All required courses

Year 2

45 EC Year 2 required courses

Year 3

30 EC of Specialisation courses

30 EC of Elective courses

Year III

15 EC Bachelor Project
Core Course Requirements (60 ec)
- 2\textsuperscript{nd} year: 45 ec (9 courses x 5 EC)
- 3\textsuperscript{rd} year: 15 ec (Bachelor Project)

Specialisation Requirement (30 ec)
- Year 2 and 3: Specialisation courses 10ec courses

Elective Requirement (30 ec)
- Year 2 and 3: electives within Psychology or outside Psychology
Semester II

Required Core Courses

Year 2
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Bachelor course registration

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<thead>
<tr>
<th>Course</th>
<th>Semester</th>
<th>Block</th>
<th>EC</th>
<th>Level</th>
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<tbody>
<tr>
<td>Compulsory coursework</td>
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<tr>
<td>Perspective on Career Planning (POCP) (IBP)</td>
<td>1 &amp; 2</td>
<td>I, II, III, IV</td>
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<tr>
<td>Developmental Psychopathology</td>
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<td>I</td>
<td>5.0</td>
<td>300</td>
</tr>
<tr>
<td>Psychometrics (IBP)</td>
<td>1</td>
<td>I</td>
<td>5.0</td>
<td>200</td>
</tr>
<tr>
<td>Stress, Health and Disease (IBP)</td>
<td>1</td>
<td>I</td>
<td>5.0</td>
<td>300</td>
</tr>
<tr>
<td>Consciousness</td>
<td>1</td>
<td>II</td>
<td>5.0</td>
<td>300</td>
</tr>
<tr>
<td>Group Dynamics (IBP)</td>
<td>1</td>
<td>II</td>
<td>5.0</td>
<td>300</td>
</tr>
<tr>
<td>Psychodiagnostics (IBP)</td>
<td>1</td>
<td>II</td>
<td>5.0</td>
<td>200</td>
</tr>
<tr>
<td>Interpersonal Professional Skills (IBP)</td>
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<td>III, IV</td>
<td>5.0</td>
<td>200</td>
</tr>
<tr>
<td>Multivariate Data Analysis (IBP)</td>
<td>2</td>
<td>IV</td>
<td>5.0</td>
<td>300</td>
</tr>
</tbody>
</table>
Perspective on Career Planning (POCP)

Semester II will focus on....

...What the work field expects of you

✓ You will be registered in POCP lectures and WG for Semester II.

✓ Your meeting times may be different than in Semester I. Check uSis weekly calendar
○ 5 EC + very intensive. VERY strict attendance policy!

○ Offered twice in Semester II:

- 50% spots available in Block 3
- 50% spots available in Block 4

○ Taught on Thursdays and Fridays (1.5 days of classes: all sessions compulsory attendance!)
Multivariate Data Analysis (MvDA)

Entry requirement:
• *Intro to Research Methods and Statistics*
• *Inferential Statistics*

• MvDA is offered in Block 4 and is, in turn, the entry requirement for the *Bachelor Project*.

• *If* you take IPS in Block 4 you have to register for MvDA WG on Wednesdays

• Pass MvDA this year, or you will cause a 6 month delay in your programme (i.e. you can only do the Bachelor Project in your 4th year, Sem. 1; start master in Feb.)

*Grade in uSis before Block 3 registration deadline*
Courses you can choose (60 ec)

Specialisation Courses (30 ec)
- Choice of 9 Specialisation courses
- Preparation for a master’s specialisation

Elective Courses: Within or Outside Psychology (30 ec)
* at least 5 ec of electives must be at 300 level
- Psychology electives
- Extra specialisation course(s)
- Courses that are part of other programmes
- Minor
- Study Abroad

Exemptions for electives (all 30 EC or part):
* A previously completed Bachelor’s programme

Specialisation Course Requirement
Specialisation Courses  (2\textsuperscript{nd} and 3\textsuperscript{rd} year)

- Prerequisite for master’s specialisation
- 3 specialisation courses are required
- 10 EC courses - have lectures and work groups
- Courses are offered 2 times a year (Exams after the block in which course is offered \textbf{and} in the re-sit of Semester II course)
- Entry requirement: ‘P’ the Propedeuse*
  *If you \underline{complete} the ‘P’ in January exams, you can register for a Block 4 specialisation courses once uSis shows ecs.
- If you have ‘P’ courses remaining in Block 3 or 4
  - (or re-sits of Block 2 courses), no specialisation courses in 2017-18
## Specialisation Courses in 2017-18

### Entry Criteria – Propedeuse!

<table>
<thead>
<tr>
<th>Course</th>
<th>Block 1</th>
<th>Block 2</th>
<th>Block 3</th>
<th>Block 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Applied cognitive psychology</td>
<td>✗</td>
<td></td>
<td>✗</td>
<td></td>
</tr>
<tr>
<td>Cognitive neuroscience (Research Masters)</td>
<td></td>
<td>✗</td>
<td></td>
<td>✗</td>
</tr>
<tr>
<td>Health and medical psychology</td>
<td></td>
<td>✗</td>
<td></td>
<td>✗</td>
</tr>
<tr>
<td>Clinical neuropsychology</td>
<td>✗</td>
<td></td>
<td>✗</td>
<td></td>
</tr>
<tr>
<td>Clinical psychology</td>
<td>✗</td>
<td></td>
<td>✗</td>
<td></td>
</tr>
<tr>
<td>Clinical child and adolescent psychology</td>
<td>✗</td>
<td></td>
<td>✗</td>
<td></td>
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<tr>
<td>School psychology</td>
<td></td>
<td>✗</td>
<td></td>
<td>✗</td>
</tr>
<tr>
<td>Economic and consumer psychology</td>
<td>✗</td>
<td></td>
<td>✗</td>
<td></td>
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<tr>
<td>Social psychology in organizations</td>
<td></td>
<td>✗</td>
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<td>✗</td>
</tr>
</tbody>
</table>
‘Propedeuse’ not complete by Feb?

- Focus first on getting your ‘P’ and plan carefully
- Fill max 15 ec space with electives depending on ‘P’
courses/exams you still have to do
- You will do the Specialisation courses in 3rd year
Elective Course Requirement
## Electives within Psychology

<table>
<thead>
<tr>
<th>Elective Course</th>
<th>Block Offered</th>
</tr>
</thead>
<tbody>
<tr>
<td>Artificial Intelligence and Neurocognition</td>
<td>II</td>
</tr>
<tr>
<td>Good Research Practices</td>
<td>II</td>
</tr>
<tr>
<td>Psych and Neurobio. Consequences of Child Abuse</td>
<td>II</td>
</tr>
<tr>
<td>Attention: Theory and Practice</td>
<td>III</td>
</tr>
<tr>
<td>Causal inference in Field Experiments</td>
<td>III</td>
</tr>
<tr>
<td>Culture and Diversity at Work</td>
<td>III</td>
</tr>
<tr>
<td>Emotion and Cognition</td>
<td>III</td>
</tr>
<tr>
<td>Pharm and Bio. Approaches to Clinical and Health Psy</td>
<td>III</td>
</tr>
<tr>
<td>Sexology</td>
<td>III</td>
</tr>
<tr>
<td>Cross-cultural Psychology of Health and Illness</td>
<td>IV</td>
</tr>
<tr>
<td>Psychology of Advertising</td>
<td>IV</td>
</tr>
<tr>
<td>Psychotherapy: Theory, Research &amp; Practice</td>
<td>IV</td>
</tr>
<tr>
<td>The Adolescent Brain</td>
<td>IV</td>
</tr>
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Good Research Practices + Causal Inference in Field Experiments = specialisation course
Electives outside of Psychology
(in Leiden or elsewhere)

https://studiegids.leidenuniv.nl/en

Elective course AREAS (offered in Leiden)

- Behaviour and society
- Communication and education
- Culture, and history
- Economics and companies
- Health
- Languages
- Law and government
- Music, art and design
- Natural and computer sciences
- Religion and philosophy

Level: 100, 200, 300, 400 (minimum: 5 EC at 300 level)

You have to submit petition in uSis prior to starting a non-psychology elective!
Minors: Keep in mind

- Check the language in which they are taught?
- Can you do them in one semester? One year?
- Usually 30 ec; some half-minors exist too.
- You can do some of the courses as separate ones.
- RULE: avoid content overlap with IBP courses; no credits for course content overlap.
- How and when you should register / registration begins at 00:00 on May 1! Some minors fill very quickly!!
- Inform the SSC that you are doing the minor
Minors at Leiden University

Minor: 30 ec on one theme at least one at 300 level

Advanced Life Science and Technology
American Studies
Biodiversity and Natural Environment
Brain and Cognition (interdisciplinary minor)
Cultural Memory of War and Conflict
Culture and Society in Morocco
Digital Humanities
European Union Studies
Game Studies and Cultural Analysis
Gender and Sexuality in Society and Culture
Geo-Resources for the Future
Global Affairs
Human Evolution

Innovation, Co-Creation and Global Impact
Intelligence Studies
Islam: Religion and Society
Modern Drug Discovery
Museums, Heritage and Collections
Public Administration: Multi-Level Governance
Quantitative Biology
Religion in a Changing World
Responsible Innovation
Science and Research Based Business
Science and Technology in Society (STiS)
Security, Safety and Justice
Sustainable development (interdisciplinary minor)

See: https://www.universiteitleiden.nl/en/education/other-modes-of-study/minors
Study Abroad

- [http://www.students.leiden.edu/your-study/study-abroad/](http://www.students.leiden.edu/your-study/study-abroad/)
- Check the websites of the universities
- Decide where you want to go
- Decide on the courses you want to take / plan correct credit total
- Decide when you want to go (3rd year)
- Start to plan early: in your 2nd year ! / Look into scholarships and other practical issues
- Coordinator: Florine Weekenstroo ([exchangepsy@fsw.leidenuniv.nl](mailto:exchangepsy@fsw.leidenuniv.nl))
- Deadlines: Dec 1 for study outside of Europe and Feb 15 for study in Europe
KEEP CALM AND MAKE A STUDY PLAN
Study Plan

- **Step 1:** Plan around 30 (35) ec per Semester

- **Step 2:** Discuss your plan with your Mentor (in December meetings)

- **Step 3:** Register on-time and correctly for 2\textsuperscript{nd} semester courses. Use IBP course codes

- **Step 4:** The registrations in uSis (Study Plans) of students who earned 45-55 EC in Year 1 and/or have Personal Circumstances will be reviewed by Florine and Jennifer.

  - If other students want feedback, just ask!
Example of Registration Instructions

Enrolment information Psychology Bachelor, semester 1 2017-2018/Inschrijfinformatie Psychologie bachelor, 1e semester 2017-2018

Important notices:
1. You are allowed to enrol for **max. 40 EC** courses per semester. If you surpass this amount, your enrolment will be annulled for all courses.
2. Prerequisites need to be passed and registered in uSis prior to enrolment.

<table>
<thead>
<tr>
<th>IBP/NL</th>
<th>IBP/NL</th>
<th>For NL</th>
<th>Class Number/Studieactiviteit</th>
<th>For IBP</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Mandatory/Verplicht</strong></td>
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<td></td>
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<tr>
<td>Stress, Health &amp; Disease, SGZ, lectures</td>
<td>6462FS010H</td>
<td>6462FS010W</td>
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<tr>
<td>Stress, Health &amp; Disease, SGZ, work groups</td>
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<td>Psychometrics, Psychometric, lectures</td>
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<td>6462FS004W</td>
<td>4494, 4495, 4408-4507, 4510-4518, 4516, 4517, 4520-4522, 10942</td>
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<tr>
<td>Developmental Psychopathology, work groups</td>
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<tr>
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<td>6115-6117, 6119-6121, 6123,6125-6127, 6129-6133</td>
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<td></td>
<td>6114, 6118, 6122, 6124</td>
</tr>
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Following registration, please check your uSis schedule for overlaps in lectures and work groups.

Discover the world at Leiden University
### Block 3 (Feb–March)

- **POCP** (lecture and WG and exam)
- **Interper Professional Skills** (5ec)
- **Clinical neuropsychology** (10ec)

(course load around 17.5ec)

### Block 4 (Apr–June)

- **POCP** (mentor meeting) (5ec awarded)
- **MvDA** (5ec)
- **Psych of Advertising** (5ec)
- **The Adolescent Brain** (5ec)

(course load 15 ec. / 20ec awarded if all courses completed successfully)
### Block 3 (Feb–March)

<table>
<thead>
<tr>
<th>Course</th>
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<tr>
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(course load around 17ec)

### Block 4 (Apr–June)

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<td>5ec awarded</td>
</tr>
<tr>
<td>MvDA</td>
<td>5ec</td>
</tr>
<tr>
<td>School psychology</td>
<td>10ec</td>
</tr>
</tbody>
</table>

(course load around 15 ec. / 20ec awarded if all courses completed successfully)
## Block 3 (Feb–March)

- **POCP** (lecture and WG and exam)
- **Exper Corr Research** (WG and exam)  
  (5ec)
- **Emotion and Cogn.**  
  (5ec)

*(Course load around 12.5ec)*

## Block 4 (Apr–June)

- **POCP** (mentor meeting)  
  (5ec awarded)
- **MvDA**  
  (5ec)
- **Inter Profes. Skills**  
  (5ec)
- **Other elective????**  
  (If you think you can fit it in.)  
  (5ec)

*(Course load around 10 ec / 15 ec awarded at end of Block if all courses passed)*
Carefully read emailed instructions and webpage links!

Register for **BOTH** Block 3 and 4, as courses fill up! Use class numbers for IBP courses!!

Block 3 registration: January 15 (10.00 hrs) - January 28, 2018 (23.59 hrs)

Block 4 registration: January 15 (10.00 hrs) - March 25, 2018 (23.59 hrs)

*if you need pre-requisites to register* 

- Contact the SSC to be put on waiting list for full required courses.
........ *If you have passed IRMS (Jan 29) and Inferential Statistics (Jan 23) then you can register in MvDA after grade is listed in uSiS.

........ *If you completed all 60 ec from the first year (Propedeuse) after Block II exam in January 2018 then you can register for Block 4 specialisation courses after the `P` grades are listed in uSiS.
Important

- Make SURE to use IBP Class Numbers
  Carefully read the registration instructions (mail / website)

- Check the **entire** 8 week Block schedule for clashes
  Tip: use weekly calendar view in uSis

- Students registered in more than 40 ec of credit (without Adviser permission will be dropped from all courses!)

- If you take *Inter. Professional Skills* in Block 4 then you must register in MvDA WG on Wednesday!

- If you decide not to follow a course; drop it!
Honours programmes

- Honours College (FSW)
- Honours Lectures (2nd year students)
- Honours Class (3rd year students)
- Honours Research Bachelor project (April info session)
- International Leiden Leadership Programme (master students)
Master specialisation (MSc.)

Two intake dates: 1 Feb. and 1 Sept.

Choose at the end of the bachelor’s phase

Friday, March 16, 2018
Master Information (also in Oct/Nov)

Sophia Imaghri, Master Study Adviser for former IBP students

Specialisations: Contact Coordinators
General, Internship, Thesis information

Masters programmes outside of Leiden/NL?: Check their requirements!
Master specialisations (1 year)

Applied Cognitive psychology
Child and Adolescent Psychology
Clinical Neuropsychology
Clinical Psychology
Economic and Consumer Psychology
Health and Medical Psychology
Methodology and Statistics in Psychology
Occupational Health Psychology
School Psychology
Social and Organisational Psychology
Research Master (2 years)

Clinical and Health Psychology (research)
Cognitive Neuroscience (research)
Developmental Psychology (research)
Social and Organisational Psychology (research)
Studying involves planning for the future

health care/psychotherapist (in NL)  post master

At Leiden

Elsewhere

master

Specialisation Course / elective

2nd year course
Entry requirements: incorporated in the Leiden bachelor and master programmes
- clinical psychology
- clinical neuropsychology
- health psychology
- child and adolescent psychology

internship 20 EC, including 3 case reports

2x a year information session by SPS-NIP (in Dutch)

もし他の場所で住む予定であれば、その国での要求を調査してください。
Entry requirements: incorporated in the Leiden bachelor and master programmes:

- clinical psychology
- clinical neuropsychology
- health psychology
- child and adolescent psychology

Necessary courses
- Sexology*
- Cross-cultural Psychology of Health and Illness
- Pharmacological and Biological Approaches to Clinical and Health Psychology

➢ If you plan to live elsewhere, research what the requirements are in that country.
Basic Registration in Psychodiagnostics
(in NL)

Incorporated in the Leiden bachelor and master programmes:

- clinical psychology
- clinical neuropsychology
- health psychology
- child and adolescent psychology

During your Master internship you need to write three diagnostics reports (3 different case studies) under the supervision of a credited supervisor.

➢ If you plan to live elsewhere, research what the requirements are in that country.
Back to our theme:
Choosing and Plotting your course

Choices to be made, where?

Which direction (Specialisation)

Orientation on job market (POCP)

Career
More Information about Planning: When & Where?

- In the e-prospectus
- On the website
- At the April 2018 Information Session about the Bachelor Project / Honours Bachelor Project
- At the March 16th Master’s Day
- At Student Career Services
LEIDEN UNIVERSITY CAREER ZONE

Career Steps Action Plan

The Leiden University Career Zone is a website for students and alumni of Leiden University to support their (study) career planning.

- How to find a job that suits me?
- How to make a good CV?
- What are my qualities and interests?
- How do I write the perfect cover letter?
- What are my opportunities at the Dutch labour market?
- Is networking really necessary for finding a job?
- Does entrepreneurship fit me?
- Which workshops do the Student Career Services offer?
- Where can I find the Student Career Services?
- Where can I find a good overview on jobs?
Worth Mentioning Again ......

✓ Make SURE to use IBP Study Activity Numbers
Carefully read the registration instructions (mail / website). If you register in Dutch sections you will be dropped from courses!

✓ Your POCP course may meet at a different time than in Sem. I

✓ Check the **entire** 8 week Block schedule for clashes
Tip: use weekly calender view in uSis

✓ Students registered in more than 40ec of credit (without Adviser permission will be dropped from **all courses**)!

✓ Taking electives outside Psychology/minors?:
.....register with the programme concerned. Contact Student Desk at that Faculty

✓ Registration of electives:
....within Leiden University: request approval through uSis

✓ Doing a minor? Inform the SSC so your record is updated
Questions about your Study Plan?

Make an appointment with your Study Adviser

Jennifer Martin:
Last Names A - M

Florine Weekenstroo:
Last Names N- Z