

Master in Psychology

Specialisation: Clinical Psychology

August 29, 2019



Universiteit
Leiden

Welcome to the MSc Clinical psychology (CP)!!

Head:

- Willem van der Does



Secretary:

- Bionda Kijk in de Vegte



Study coordinator:

- Joanne Mouthaan



And: >30 staff members for teaching and research...

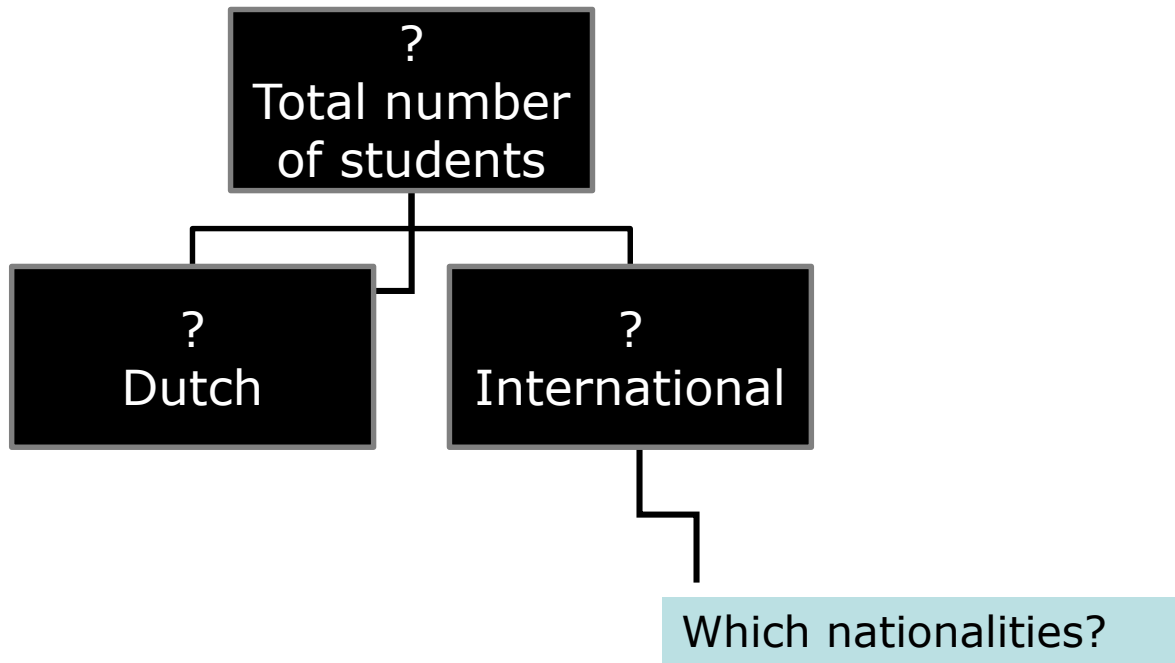
Mentors:

- Nadia Garnefski
- Anne van Giezen



Thesis and Internship coordinator:

- Anne van Giezen



NEXT STEP to a future with a focus on mental health:

Treatment

- mental health care
- medical settings
- nursing homes,
- forensic clinics

Research

- university
- research institutes

Other settings

- Coaching
- Schools
- Assessment
- Policy making

The Clinical Psychology Master: 1 year program of 60 ects

- Four mandatory courses (4x5 ects) 20 ects
- Thesis 20 ects
- Internship (+/- electives) 20 ects

With regard to *Internship* two possibilities:

- Internship Mental Health Care 20 ects
- Internship + electives 10+10 ects

- Total 60 ects

Clinical Master - 1 year program - 60 ects (default)

Semester 1: sep-jan		Semester 2: feb-june	
Block 1	Block 2	Block 1	Block 2
<u>Mandatory courses</u> <ul style="list-style-type: none"> • BTS Basic Therapeutic Skills • CIA Clinical Interviewing and Assessment • ECP Experimental Clinical Psychology 	<u>Mandatory courses</u> <ul style="list-style-type: none"> • CBI Cognitive Behavioral Interventions 		
	THESIS proposal	THESIS	
		INTERNSHIP 20 OR 10 + electives 10	

All four mandatory courses in this semester

Block 1

- Basic Therapeutic Skills (5 erts)
- Clinical Interviewing and Assessment (5 erts)
- Experimental Clinical Psychology (5 erts)

Block 2

- Cognitive-Behavioural Interventions (5 erts)

➤ BTS prerequisite for CBI

➤ BTS, CIA, CBI Prerequisite for Clinical Internship

Other options than the default

You are allowed to take more time than one year for the master:

- All mandatory courses are also given in the next semester
- Option to postpone some of the courses to the next semester (for example ECP)
- If you also have the statistics course, the program is very full
- Advice: start with BTS now, because it is a prerequisite for CBI (and BTS, CIA and CBI are prerequisites for clinical Master)
- But: In case that you extend the master, you have to keep paying tuition fee (just until the month that you graduate)

Block 2: Thesis

Topics will be offered at the end of block 1. Don't worry before that.

- All information will be provided on Blackboard
- Default is: Start in October, deadline proposal January 15

Questions? See blackboard for thesis manual

Email Thesis coördinator: Thesis_Clinicalpsy@fsw.leidenuniv.nl



The masters' internship



Types of internships (1)

- **The Research Internship**
 - Internal research internship: at clinical psychology department, Leiden University
 - External research internship: at other organisations
 - 10 ECTS = 260 hours
 - research & PhD oriented
 - Requires 10 ects electives
- **Practical Internship Psychology**
 - Apply your knowledge, understanding and problem solving abilities in a new and unfamiliar task environment within a broader (or multi-disciplinary) context related to the field of clinical psychology.
 - At an external organisation
 - 10 ECTS = 260 hours
 - Requires 10 ects electives
- **The Trainer-Psychologist Internship (TCCS)**
 - Only Dutch students
 - personal development & group work oriented
 - Option to teach IBV
 - 10 ECTS = 260 hours

Types of internships (2)

- The Internal Practice Internship (IPI)
 - Only for international students
 - Therapy & psychodiagnostics oriented (coaching)
 - 10 ECTS = 260 hours
 - Starts twice a year (check BB)
 - Contact: a.d.krause@fsw.leidenuniv.nl (Anne Krause)
 - Requires 10 erts electives
- Clinical Practice Internship
 - External mental healthcare institution
 - In the Netherlands or abroad
 - 20 ECTS = 520 hours (+40 hours for writing reports)
 - Duration of max. 6 months
 - Qualifies for the post-doctoral GZ-education
 - Some position have the opportunity to get a diagnostics registration (BAPD/LOGO)

Clinical Practice Internships (20ECTS) for international students?

- In Dutch institutions:
Only if you speak Dutch (fluently)
- In your home country:
 - Ask other international students, see list on BB
 - Under Leiden supervision (Skype, Email)
- Alternative internships: Psychologist Trainer (IPI) & Research Internship are strongly advised
- If other possibilities for internship arise, they will be listed on BB

Alternative for internationals: IPI

- A 10 ects practical internship for international students
- Aim: to deepen knowledge and skills on assessment and coaching skills
- The Internal Practice Internship-IPI is offered 2 times a year: March - June and October - January.
 - Prerequisite: having obtained a satisfactory grade in the CBI, BTS and CIA courses
- A maximum of 15 places is available each semester
- You need to apply
- As it is a 10 ects internship, you will need additional electives.

Information: a.d.krause@fsw.leidenuniv.nl

How to start? Finding an internship

- Step 1 Read information on BB!!!
- Step 2 Decide on what type of internship you want to do
- Step 3 Start orienting and searching for an internship (BB:info and list with places)
- Step 4 Approach an organisation/institution
Apply for an internship

Waiting List



- Places for Clinical Psychology students at Rivierduinen, Scelta, PsyQ
- Duration six months
- Internship coordinator pre selects interns
- Waitinglist: send an email with your availability, short application letter and CV to Klistage@fsw.leidenuniv.nl
- No selection on grades
- Dutch required

Internship support

- Blackboard: Everything you need to know
- Internship Coordination:
Anne van Giezen
klistage@fsw.leidenuniv.nl
Consulting-hours: tuesdays 9:30-11:00,
Request appointment at klistage@fsw.leidenuniv.nl
- Studenten Loopbaan Service/Career services: For help with your CV and application letter

Info on Post master education

GZ Psycholoog (beroepsopleiding) or psychotherapist

Carefully check the manual on BB and the website:

<https://www.student.universiteitleiden.nl/studie-en-studeren/studie/afstuderen/na-je-afstuderen/sociale-wetenschappen/psychology-msc?cf=sociale-wetenschappen&cd=psychology-msc#tab-2>

On Post Master GZ, Psychotherapie other BIG registration:

www.rino.nl
<http://big.rinogroep.nl/>
www.vlogo.nl



Important first step:

Enroll for the blackboard module

General Information: Master Clinical Psychology

All important information regarding thesis, internship and other FAQ!

Electives (max 10 ects)

Only mandatory in combination with 10 ects internship;
Otherwise facultative

- List of electives in E-prospectus
 - Also from other specialisations of Psychology
 - Electives from other institutes/universities require formal approval exam committee
-
- Electives this semester > enrollment this semester
 - Electives next semester > enrollment next semester

Elective courses of Clinical Psychology

Enrollment THIS semester:

- Trainers Course Communication Skills + IBV trainer (20 ects, selective, only Dutch, block 1-2)

Enrollment NEXT semester:

- E-health interventions in Mental health practice (5 ECTS, block 2)
- A transdiagnostic approach to eating disorders (5 ECTS, 30 students max, block 2)

- Electives may be taken from other specializations of Psychology.
- Electives at other institutes or other universities require formal approval by Examination Committee

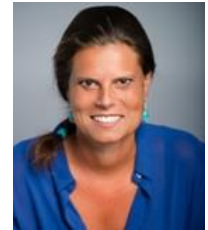
How to survive the Master program

Don't worry, but:

- Be informed (blackboard, e-guide, manuals, mail)
- Make a planning!
- Formulate goals, take steps
- Ask **support** if necessary
- Plan enough time to relax
- Realize that every step brings you closer to your goal, your future career!
- This is supposed to be fun 😊 Don't forget to enjoy.

SUPPORT

> Mentorate



Personal or study progress questions?

For example: planning, study progress, personal issues, study problems, alternative study paths, confidential issues, referral to the right persons

Turn to your mentors!

Nadia Garnefski; (garnefski@fsw.leidenuniv.nl); room 2B45):

Anne van Giezen (giezen@fsw.leidenuniv.nl); room 2B29)

- Mandatory meeting in October and January in small groups.
- Possibility to make personal appointments (individual)
- As long as you do not know who your mentor is, just turn to one of us!

SUPPORT

> General study advisors



General questions about study organization, practical issues, rules and regulations, not Clinical-Psychology related?

Turn to the general study advisors of Psychology matters:

International students: Mirthe Haas (mhaas@fsw.leidenuniv.nl), room 2A49b)

Dutch students: Evelien Wolthuis (e.m.wolthuis@fsw.leidenuniv.nl), room 2A49)

SUPPORT

> Student psychologists

We have a student psychologist facility that is very accessible and easy to approach. You are welcome to go there to discuss any problems you might have. They have open consultation hours.

Consultation hours take place from Monday to Friday between 11:00 and 12:00. You have to register beforehand at [Student Support Services](#), PLEXUS, Kaiserstraat 25.

Email: psychologen@sea.leidenuniv.nl

Tel: 071-5278026

SUPPORT

> Student Counsellors / Studentendecanen

Student counsellors can answer questions and provide guidance in situations involving **regulations** and **legal provisions**. All meetings with student counsellors are strictly confidential.

Examples:

- Delays to your studies caused by personal circumstances
- Issues concerning binding study advice (BSA)
- Combining studying with top sport
- Studying with a disability
- Support in cases of complaints and conflict
- Studying and pregnancy / studying with child(eren)
- Finances

Open Consultation:	
Monday, Tuesday and Thursday	Plexus Student Centre
15.30 - 16.30 hrs	Kaiserstraat 25 2311 GN Leiden

<https://www.student.universiteitleiden.nl/en/study--studying/guidance--advice/study-guidance-and-advisors/student-counsellors/leiden-university/guest?cf=leiden-university&cd=guest>

SUPPORT

> Studying with a disability

There is support available at Leiden University to help you find out what might be helpful in your particular situation (extensions, adaptations).

Examples: a visual, auditory or physical disability; a language disorder (for example dyslexia) or speech disorder; a chronic or psychological illness.

Fenestra Disability Centre,

PLEXUS Student Centre, Kaiserstraat 25

Or contact the Student Counsellors directly:

071 - 527 8025, fenestra@plexus.leidenuniv

Master Opleidings Commissie (MOC) (Dutch-spoken)

Goal: to improve education
Teacher & student collaboration



Student representative tasks:

- MOC meetings once a month on Monday 15-17h
- Student/Teacher meetings once a month before each MOC meeting
- Student meetings approximately twice a month

Are you able to read and speak Dutch?

Are you available until July?

Are you enthusiastic about improving your education?

Become a MOC member!



Follow the MOC online

Facebook: “MOC Psychology Leiden University”



MOC Psychology
Leiden University
@MOC.Psychology.Leiden

Don't hesitate to contact the student representatives with positive or negative feedback about the master!

Email: mocpsychology.students@fsw.leidenuniv.nl

International Student platform (ISP)

- Subcommittee of the Master's Programs Committee (MOC)
- Concerned with educational and other problems specific for international students
- Meets three times per year

We are looking for new student-representatives from Clinical Psychology!



Interested? Send an e-mail to Mrs. Mirthe Haas
(mHaas@fsw.leidenuniv.nl)

Basics

- **Blackboard (BB):** Important info on thesis, internship, courses, results from exams, assignments for workgroups....
 - To do: Enroll yourself in BB asap: General Information: Master Clinical Psychology
- **Usis:** Subscribe for courses, register for examinations, check your grades,
- **Umail:** used by the university to send important messages
 - To do: Check the box to automatically forward your mails from Umail to your personal mail.
- **Studentnumber:** Not yet received? Contact the Student Services Centre (ground floor) immediately.

Your contact persons

- **Student Services Centre (ground floor)**> Questions regarding study program and courses (email: SSC@fsw.leidenuniv.nl)
- **Secretary Clinical Psychology student matters:**
Bionda KijkindeVegte
Email: bkijkindevegte@fsw.leidenuniv.nl;
room 2B35
- **Coördinators of the specific courses**, see E-prospectus
- **Study advisors general Psychology matters:**
Mirthe Haas & Evelien Wolthuis
- **Mentors:**
Nadia Garnefski, Email: garnefski@fsw.leidenuniv.nl; room 2B45
Anne van Giezen, Email giezen@fsw.leidenuniv.nl; room 2B29



Enrollment

- Pre-registration for mandatory courses and electives (whole semester).
- Problems with the registration > rooms 2A26 and 2A46, 1-3 PM today.
- No enrollment yet?
 - possible reasons: last exam not yet processed, language test not yet achieved, tuition fees not paid)
 - enrollment today between 1 and 3 pm. Rooms 2A26 and 2A46.
If it is a mandatory course you will always be placed.
- You want to postpone a course?
 - Please de-register in Usis today. Rooms 2A26 and 2A46.
 - After today: please send an email to Bionda.

Questions??

