Studying Psychology Abroad

Sinem Akgün

13 October 2017
Programme

1. Orientation
   - Why do I want to study abroad?
   - Where to go?
   - What to study?
   - When to go?

1. Application Internal Selection
2. Nomination
3. Application host university
   - Scholarships
   - A story of an exchange professional!
Orientation

WHY do I want to study abroad?
Orientation

Where can I go?
Institute of Psychology: Agreements inside Europe:
Study Psychology abroad – webpage
University Leiden: Agreements outside Europe
www.studenten.leidenuniv.nl/buitenland/search/
Orientation

What can I study abroad?
Bachelor Programme

- **Year I**
  - Mandatory courses

- **Year II**
  - Mandatory courses

- **Year II & III**
  - Specialization courses (30 ects)

- **Year II & III**
  - Elective area (30 ects)

- **Year III**
  - Mandatory BP

Exchange courses
Approval Courses

Always ask permission for the courses you want to take

Course criteria:

• No overlap with other courses
• No English language courses
• Academic course (no practical course)
Orientation

When can I go?
Best time to go

3rd year

Make a good study programme for the rest of your bachelor!
Study plan Year III

Semester I

Study Abroad
20 - 30 ects

Semester II

Bachelor Project

Universiteit Leiden. Bij ons leer je de wereld kennen.
4th year: Board of Examiners

Master:

• Courses: extra curricular
• Internship: arrange yourself
• Thesis: arrange yourself
Check when making your choice:

- Language of instruction
- Academic Calendar: orientation week – exams
- Your study plans in Leiden
- Courses offered to exchange students
Best source for your orientation:
Application Internal Selection
Application internal selection

• **Apply online**

  Upload:
  - Transcript of Records incl. GPA
  - Motivation letter – your WHY
  - Study plan Psychology Abroad
  - Language of instruction not English: proof of level + plan
Internal selection

• Inside Europe
  (application process only for psychology students)

• Outside of Europe
  (application process university wide)
Selection criteria

1. GPA
2. Studying without delays
3. Motivation letter
# Deadlines internal selection

<table>
<thead>
<tr>
<th>Semester</th>
<th>Outside of Europe</th>
<th>Inside Europe</th>
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<tbody>
<tr>
<td><strong>Sem 1 2018/2019</strong>&lt;br&gt;Fall semester</td>
<td><strong>1st December 2017</strong></td>
<td><strong>15th Feb 2018</strong></td>
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<tr>
<td><strong>Sem 2 2018/2019</strong>&lt;br&gt;Spring semester</td>
<td><strong>1st December 2017</strong></td>
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Nomination

You are selected!

Inside Europe: Florine Weekenstroo (your exchange coordinator from the 6th of November 2017)

Outside of Europe: International Relations Office
Application host university

You will receive information from the host university

Follow the application steps

Apply here
Scholarships

Inside Europe: Erasmus +

Outside Europe: Lustra +

Exchange coordinator needs to sign (OV vergoeding)!
QUESTIONS?

Inside Europe, Study-related, Signatures
Florine Weekenstroo
Consultation hour: Thursdays, 10.30-11.30, room 2C02

Outside Europe
International Relations Office
Consultation hours: Mondays, 13.00-16.00, PLEXUS
Helsinki
25/08/2016
-
23/12/2016

Eefje Soeterbroek
Preperation
Why Helsinki?

- Cute city center
- Not too big
- Nature
- Awesome sitsits

- But you’ll have to get used to the cold winter
  (first snow in the end of October)
Housing and the city
Study

• University of Helsinki
  • Different faculties, most of them are located in the old city center!
  • Introduction week / activities
  • Beautiful libraries!

• Courses
  • Finnish
  • Swedish
  • Introduction to Finnish Culture and Society
  • Wellbeing and work
  • Attitudes and prejudice
  • Decision making
  • Traffic psychology
Travelling
Back home

• Improved my English!
• 5 trips in 10 months since I came back
• Moved to Amsterdam
• Finished my bachelor and started a year in the national board of SPS-NIP
• Got in touch with a European psychology student organization: EFPSA
• And above all, I’m still in touch with friends from Helsinki!
Thanks!