Child and Adolescent Psychology: Goal and Program

Laura Abukari, Harrie Boelens, Clarissa Kölgen, & Lydia Symof – 13 March 2020
Goal

To facilitate children’s and adolescents’ optimal development

Contribute to and renew practice
Some places of work

- Children's hospital
- Mental health services (RIAGG, Kinder- en jeugd)
- Youth prison
- Schools for children with handicaps
- Secondary schools
- School counseling (schoolbegeleidingsdienst)
- Test development (CITO)
- Own practice: Tests, advice, training
- Special day care
- .......
CLINICAL WORK, Scientific flavour

MASTER'S THESIS

INTERNSHIP

COURSEWORK: ELECTIVE (extra theory)

COURSEWORK: MANDATORY (skills training)
Program: Elements and ECs

Coursework: Mandatory (20)
Master's thesis (20)
Internship (EI: 20; EPI, IPI, RI: 10)
Coursework: Elective (0, 5, 10, ...)
Coursework: Mandatory

**Diagnose**
Advanced psychodiagnostics in C&A

**Diagnose & Treat**
Behaviour training with children
Cognitive behaviour therapy with young people
Solution focused therapy
Coursework: Elective

Recommended

Advanced child and adolescent psychiatry
Child neuropsychology: Theory and assessment
e-Health interventions in mental health care
Trainers course communication skills
Transdiagnostic approach of eating disorders
Time consuming

Professional

Different from bachelor

Competitive

English

Multitasking

Practical
Timings

<table>
<thead>
<tr>
<th>Coursework: Mandatory</th>
<th>Semester</th>
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<tr>
<td>Advanced psychodiagnostics in C&amp;A</td>
<td>1</td>
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<tr>
<td>Behaviour training with children</td>
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<td>CBT with young people</td>
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<td>Solution focused therapy</td>
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<td>Coursework: Elective</td>
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One way to do this in one year

20/21 Semester 1
Advanced psychodiagnostics in C&A
Behaviour training with children
Master thesis

20/21 Semester 2
CBT with young people
Solution focused therapy
Internship
Another way to do this in one year

20/21 Semester 1
Advanced psychodiagnostic in C&A
Behaviour training with children
Master thesis, Part 1
Elective 1
Internal Practical Internship, Part 1

20/21 Semester 2
CBT with young people
Solution focused therapy
Master thesis, Part 2
Elective 2
Internal Practical Internship, Part 2
One way to do this in 1.5 to 2 years

20/21 Semester 1
Advanced psychodiagnostics in C&A
Behaviour training with children
Electives

20/21 Semester 2
CBT with young people
Solution focused therapy
Electives

21/22: Master thesis, internship

Student for a day: 22 April 2020 9-12:30
Goal

To facilitate children’s and adolescents’ optimal development