Child and Adolescent Psychology: Goal and Program

Laura Abukari, Harrie Boelens, Clarissa Kölgen, & Lydia Symof – 8 Nov 2019
Goal

To facilitate children’s and adolescents’ optimal development

Contribute to and renew practice
Some places of work

- Children's hospital
- Mental health services (RIAGG, Kinder- en jeugd)
- Youth prison
- Schools for children with handicaps
- Secondary schools
- School counseling (schoolbegeleidingsdienst)
- Test development (CITO)
- Own practice: Tests, advice, training
- Special day care
- ......
CLINICAL WORK, Scientific flavour

MASTER'S THESIS

INTERNSHIP

COURSEWORK: ELECTIVE (extra theory)

COURSEWORK: MANDATORY (skills training)
Program: Elements and ECs

Coursework: Mandatory (20)
Master's thesis (20)
Internship (EI: 20; EPI, IPI, RI: 10)
Coursework: Elective (0, 5, 10, ...)

Discover the world at Leiden University
Coursework: Mandatory

**Diagnose**
Advanced psychodiagnostic in C&A

**Diagnose & Treat**
Behaviour training with children
Cognitive behaviour therapy with young people
Solution focused therapy
Coursework: Elective

Recommended

Advanced child and adolescent psychiatry
Child neuropsychology: Theory and assessment
e-Health interventions in mental health care
Trainers course communication skills
Transdiagnostic approach of eating disorders
Discover the world at Leiden University

Time consuming

Professional

Different from bachelor

Competitive

English

Multitasking

Practical
## Timings

<table>
<thead>
<tr>
<th>Coursework: Mandatory</th>
<th>Semester</th>
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<tbody>
<tr>
<td>Advanced psychodiagnostic in C&amp;A</td>
<td>1</td>
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<tr>
<td>Behaviour training with children</td>
<td>1</td>
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<tr>
<td>CBT with young people</td>
<td>2</td>
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<td>Solution focused therapy</td>
<td>2</td>
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<td>Coursework: Elective</td>
<td>Semester</td>
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One way to do this in one year

20/21 Semester 1
Advanced psychodiagnostics in C&A
Behaviour training with children
Master thesis

20/21 Semester 2
CBT with young people
Solution focused therapy
Internship
Another way to do this in one year

20/21 Semester 1
Advanced psychodiagnostic in C&A
Behaviour training with children
  Master thesis, Part 1
  Elective 1
  Internal Practical Internship, Part 1

20/21 Semester 2
  CBT with young people
  Solution focused therapy
  Master thesis, Part 2
  Elective 2
  Internal Practical Internship, Part 2
One way to do this in 1.5 to 2 years

20/21 Semester 1
Advanced psychodiagnostics in C&A
Behaviour training with children
Electives

20/21 Semester 2
CBT with young people
Solution focused therapy
Electives

21/22: Master thesis, internship
Goal

To facilitate children’s and adolescents’ optimal development