We are looking forward to welcoming you to Leiden University's International Bachelor of Psychology programme soon. In the meantime, please take some time to read this document and inform yourself about how to prepare for your arrival at Leiden University and for the IBP programme. It includes general information about the programme including details about the academic year, vacation schedule, course load, grading scale, examination information, your tools and support resources!

Sincerely,
Jennifer Martin, IBP Study Adviser
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Before you arrive in Leiden

1. Complete all of the steps outlined on the Pre-arrival information for all Bachelor Students webpage.

2. Read "Finding your way around Leiden" for information about practicalities, such as banking, libraries, doctors, housing and much more.

3. We encourage you to participate in a Leiden University introduction week.

4. Join the IBP 2017/18 group on Facebook and get to know your fellow students!

5. Order your textbooks and begin reading (see: Textbooks and other required materials on page 9).

6. Learn some Dutch and the basics about Dutch culture using Hoi Holland and Duolingo.
Information about the IBP programme

The Academic Year
The academic year is divided into two semesters: Semester I (Fall) and Semester II (Spring) and four blocks of 10 weeks. Examination periods are in the last two weeks of each Block. There is no revision week before the examination week.

The 2017-18 academic year begins on September 4 and officially ends in the end of July. However, students who do not need to re-sit examinations for Block III and/or IV courses could be finished with their first year studies in mid to late June.

<table>
<thead>
<tr>
<th>1st semester</th>
<th>Block I</th>
<th>September-November</th>
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<tbody>
<tr>
<td></td>
<td>Exam week Block I</td>
<td>November</td>
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<tr>
<td></td>
<td><strong>Block II</strong></td>
<td>November- Mid-January</td>
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<td></td>
<td>Exam week: Block II exams &amp; Block I re-sits</td>
<td>January</td>
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</tbody>
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<thead>
<tr>
<th>2nd semester</th>
<th>Block III</th>
<th>February-late March/earlyApril</th>
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<tbody>
<tr>
<td></td>
<td>Exam week: Block III exams &amp; Block II re-sits</td>
<td>April</td>
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<td></td>
<td><strong>Block IV</strong></td>
<td>April-early June</td>
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<td></td>
<td>Exam week: Block IV exams &amp; Block III re-sits</td>
<td>June</td>
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<tr>
<td></td>
<td>Re-sit week Block IV</td>
<td>late June / early July</td>
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Your Academic Time-Table
On Monday, September 4th you will receive your academic time-table for Block I courses. This timetable includes when and where you will have Lectures, Work Group Sessions and the Academic Skills Tutorial. You will be able to find your schedule on uSis as of the second week.
For information about the other Blocks Please take a look at the University’s Academic Calendar and note that the University follows the Dutch holiday schedule. Please review your student time-table before making any vacation plans as class attendance can be mandatory.
Course Load
The IBP programme is a full-time programme, which starts in the first week of September. In general, you will have around 16 contact hours at the University and will spend twenty-plus hours a week reading, studying and preparing.

EC/ECTS (European Credit Transfer and Accumulation System)
One EC represents 28 hours of study. In the first year, each of the 12 courses is weighted as a 5 ECs.
The First Year (Propedeuse)
In the foundation year of the programme you will be introduced to the broad discipline of psychology. The courses in the first year are:

<table>
<thead>
<tr>
<th>Course</th>
<th>Semester</th>
<th>Block</th>
<th>EC</th>
</tr>
</thead>
<tbody>
<tr>
<td>Academic Skills Tutorial</td>
<td>1/2</td>
<td>I, II, III, IV</td>
<td>5.0</td>
</tr>
<tr>
<td>History of Psychology</td>
<td>1</td>
<td>I</td>
<td>5.0</td>
</tr>
<tr>
<td>Introduction to Psychology</td>
<td>1</td>
<td>I</td>
<td>5.0</td>
</tr>
<tr>
<td>Intro to Research Methods and Statistics</td>
<td>1</td>
<td>I</td>
<td>5.0</td>
</tr>
<tr>
<td>Inferential Statistics</td>
<td>1</td>
<td>II</td>
<td>5.0</td>
</tr>
<tr>
<td>Personality, Clinical Health Psychology</td>
<td>1</td>
<td>II</td>
<td>5.0</td>
</tr>
<tr>
<td>Developmental and Educational Psychology</td>
<td>2</td>
<td>III</td>
<td>5.0</td>
</tr>
<tr>
<td>Experimental and Correlational Research</td>
<td>2</td>
<td>III</td>
<td>5.0</td>
</tr>
<tr>
<td>Social and Organizational Psychology</td>
<td>2</td>
<td>III</td>
<td>5.0</td>
</tr>
<tr>
<td>Biopsychology and Neuropsychology</td>
<td>2</td>
<td>IV</td>
<td>5.0</td>
</tr>
<tr>
<td>Cognitive Psychology</td>
<td>2</td>
<td>IV</td>
<td>5.0</td>
</tr>
<tr>
<td>Psychology and Science</td>
<td>2</td>
<td>IV</td>
<td>5.0</td>
</tr>
</tbody>
</table>

To find more information on each course visit e-Prospectus.
Lectures, Work Group Sessions, Practicals and Tutorials

Each course is made up of Lectures with the whole IBP cohort, where the general course material is presented. Next you will attend Work Groups with up to 24 students and actively engage in what you learnt at the lectures. Finally, you will be assigned to a Tutor Group with 12 others to practice general academic skills and make sure you get a good start into student life.

Attendance Policy
Lectures are strongly recommended but not mandatory. However, Work Groups and Tutorials do have mandatory attendance and participation. Check each course handbook for the exact attendance policies.

Textbooks and other required materials
The required textbooks and materials for each course are listed in the e-prospectus. Textbooks are available at a discount to members of the Psychology Study Association, Labyrint via their web shop. Syllabi and readers must be purchased via the Readeronline. To get the readers on time order them before August 31st. There is an IBP tab under the Faculty of Social and Behavioural Science section. (Note you must have set up your ULCN account to be able to log-on).
Examinations

There are examination periods immediately following each study Block. You must register yourselves for examinations in uSis. Exam registration opens 100 days before and closes 10 calendar days before the examination. Examinations take place in the University Sport Centre.

Examination Format in First Year
In the first year of the IBP programme the examinations are given in a multiple-choice format. Check out some useful study tips here.

Examination Re-sits
You can re-sit failed exams during the exam weeks of the following block. Students are allowed to take a re-sit for a partial grade only if the grade received is lower than a 5.5. It is not possible to improve passing grades by taking a re-sit. You can review the exams you have taken afterwards. Details will be available per course.

The Dutch Grading System
In the Netherlands, the grading scale goes from 1 to 10, with 1 being the lowest and 10 the highest grade. The pass mark for a course is 6. The most common grades are 6 and 7. Read more about the grading system and how it compares to other systems here. The final grade in each first year course is made up of 70% of the exam grade and 30% of the Workgroup grade. More information on grade calculations and regulations.
Official Policy and Procedures

The official policies of the Institute of Psychology can be found in the Course and Examination Regulations (OER). The Student Charter informs Leiden University students about what they can expect from the University and what the University expects from them.

Binding Study Advice (BSA)
Leiden University supports and monitors academic progress. In December of the first year you will receive an email with your initial Binding Study Advice reflecting the credits you have earned. If you have negative advice you will be requested to meet with your Study Adviser to discuss their academic progress and plans.
You must have a positive Binding Study Advice at the end of the first year to be allowed to continue. This means a you must acquire a minimum of 45 of the 60 ECTS given in the first year and these credits must include at least one (of the three) first year statistics courses. At the end of the academic year students with a negative BSA will not be allowed to continue to the second year of the programme. Special personal circumstances will be taken into consideration. For more details, please see the University's BSA regulation.
In the second year, students will continue to be monitored by their Study Adviser.

Exemptions for University Courses Already Completed
If you have already completed university level courses it may be possible to receive a limited amount of credits for psychology or other elective courses. Please see Exemption policy for more information.
Tools and Support

Your Tools (after your ULCN account is activated)

1. **uSis**: uSis is an online system for course and exam registration. You can:
   1. See your time-table
   2. Look at your results, review your academic progress
   3. Modify your personal information
   4. Register yourself for courses, work groups and exams. (Note: The Institute of Psychology will register you for all first year courses, but you must register yourself in examinations)

2. **Blackboard**: Via Blackboard, you will have online access to course materials. Blackboard enables the exchange of messages and documents between Instructors, tutors and students, and among students themselves. As a student, you will frequently use Blackboard. You can log on with your ULCN account. There is also an **app for your mobile or tablet**. (Please note: Enrolling for a course in uSis is separate from the enrolment in Blackboard, so you have to enrol yourself for the course in Blackboard as well.)

3. **uMail**: uMail is the University’s email system. Leiden University uses uMail as a medium for communication with students. Some official letters will be sent by paper mail. Please find here information on how to change your correspondence address.

4. **The Libraries**: Each faculty has a library and you can use the main **University Library**, which has workplaces, computer stations and study rooms.
Support

There are numerous support services offered by the University.

1. Your study advisor Jennifer Martin and your student ambassador Neil Schön.
2. Your tutor of the Academic Skills Tutorial is there to assist you in your new academic life.
3. Student Services Centre (SSC) is your first port of call at the Faculty of Social and Behavioural Sciences.
4. PopCorner – Student support at the Faculty.
5. Labyrint – The Study Association for psychology students.
6. Plexus Student Centre - For help with study-related matters.
7. Studying with a disability - If you have a disability you should contact the Fenestra Disability Centre for advice.
8. Psychological Counselling – For guidance and coaching with personal and study problems.
9. International Student Adviser – For help with legal, insurance or financial concerns.
10. Workshops and Trainings - Covering topics such as Strategic Studying, Stress and Time Management.
11. Career Services – For help in exploring and making effective career choices.

This video gives you an overview of how the Faculty works and whom you can contact if you need help: Finding your way around the Faculty of Social and Behavioural Science.
HAVE FUN!
Stay in shape by joining the Leiden University Sports Centre.
Enjoy the culture at Leiden University and in the city of Leiden.
FAQs
More Questions?

IBP Programme FAQ
General Student FAQ
Student Life
Finding your way around Leiden
Student Housing
Working in the Netherlands
StudieLink Q&A