Master in Psychology

Specialisation: Clinical Psychology
Welcome to the MSc Clinical psychology (CP)

Head:  
- Willem van der Does

Secretary:  
- Bionda Kijk in de Vegte

Study coordinator:  
- Joanne Mouthaan

Mentors:  
- Nadia Garnefski  
- Anne van Giezen

Thesis and Internship coordinator:  
- Anne van Giezen

And >30 staff members for teaching and research...
Why at Leiden University?

- Scientist-practitioner model
- Faculty is mix of clinicians, researchers and clinician-scientists
- Leiden University Treatment and Expertise Center
- Good connections with local mental health centers
- Cutting-edge research program
Master Clinical Psychology
NEXT STEP to a future with a focus on mental health:

**Treatment**
- mental health care
- medical settings
- nursing homes,
- forensic clinics

**Research**
- university
- research institutes

**Other settings**
- Coaching
- Schools
- Assessment
- Policy making

More information about the career possibilities: LU careerzone.com > Explore the labour market > My studies & career prospects
Clinical treatment track (MSC)

1 yr
- MSc Clinical or
- MSc Health, Neuropsychol, Developmental

2 yr
- Healthcare Psychologist (GZ-psycholoog) > license

4 yr
- Clinical Psychologist
- Clinical Neuropsychologist
  > specialist license
Clinical research track (RM)

1 yr

MSc Clinical or RM Clinical & Health
(or some other MSc programs)

2 yr

Healthcare Psychologist

4 yr

Clinical Psychologist or Doctorate (PhD)
or Psychotherapist
or Clinical Neuropsychologist
Clinical treatment & research tracks

- MSc Clinical or RM Clinical & Health (or some other MSc programs)
  - Healthcare Psychologist
  - Clinical Psychologist or Doctorate (PhD)
    - or Clinical Neuropsychologist
Clinical Psychology Master:
1 year program of 60 ects

• Four mandatory courses (4x5 ects) 20 ects
• Thesis 20 ects
• Internship (+/- electives) 20 ects

With regard to Internship two options:
• Internship Mental Health Care 20 ects
• Internship + electives 10+10 ects

• Total 60 ects
# Clinical Master - 1 yr program - 60ects (default)

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<th>Semester 1: sep-jan</th>
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## Mandatory courses

- **BTS** Basic Therapeutic Skills
- **CIA** Clinical Interviewing and Assessment
- **ECP** Experimental Clinical Psychology

## Mandatory courses

- **CBI** Cognitive Behavioral Interventions

### Scientist-practitioner model:

- Skills training (small groups, <15 students)
- Theory of psychopathology and psychotherapy
- Research

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<td>20 OR 10 + electives 10</td>
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Four mandatory courses (first semester)

**Block 1**
- Basic Therapeutic Skills (5 ects)
- Clinical Interviewing and Assessment (5 ects)
- Experimental Clinical Psychology (5 ects)

**Block 2**
- Cognitive-Behavioural Interventions (5 ects)

- BTS prerequisite for CBI
- BTS, CIA, CBI prerequisite for Clinical Internship
Block 2: Thesis

- You will participate and write thesis in one of the research projects within the department for example with regard to:
  - Childhood maltreatment
  - Anxiety and depression
  - Effects of stress
  - Emotion regulation, coping, worrying, sleep problems
  - Adolescent functioning
  - Mental health related neurobiological factors
  - Heart rate variability, EEG, etcetera.
Masters’ internship
Types of internships (1)

• Research Internship
  • Internal research internship: at clinical psychology department, Leiden University
  • External research internship: at other organisations
  • 10 ECTS = 260 hours
  • research & PhD oriented
  • Requires 10 ects electives

• Practical Internship Psychology
  • Apply your knowledge, understanding and problem solving abilities in a new and unfamiliar task environment within a broader (or multi-disciplinary) context related to the field of clinical psychology.
  • At an external organisation
  • 10 ECTS = 260 hours
  • Requires 10 ects electives

• Trainer-Psychologist Internship (TCCS)
  • Only Dutch students
  • personal development & group work oriented
  • Option to teach IBV
  • 10 ECTS = 260 hours
Types of internships (2)

- **Internal Practice Internship (IPI)**
  - Only for international students
  - Therapy & psychodiagnostics oriented (coaching)
  - 10 ECTS = 260 hours
  - Starts twice a year (check BB)
  - Requires 10 ects electives

- **Clinical Practice Internship**
  - External mental healthcare institution
  - In the Netherlands or abroad
  - 20 ECTS = 520 hours (+40 hours for writing reports)
  - Duration of max. 6 months
  - Qualifies for the post-doctoral GZ-education
  - Some position have the opportunity to get a diagnostics registration (BAPD/LOGO)
Clinical Practice Internships (20 ECTS) for international students

- In Dutch institutions:
  Only if you speak Dutch (fluently)

- In your home country:
  - Ask other international students, see list on BB
  - Under Leiden supervision (Skype, Email)

- Alternative internships:
  - Psychologist Trainer (IPI) (limited availability, not guaranteed).
  - Research Internship

- If other possibilities for internship arise, they will be listed on BB
Alternative for international students: IPI

- A 10 ects practical internship for international students
- Aim: to deepen knowledge and skills on assessment and coaching skills
- The Internal Practice Internship-IPI is offered 2 times a year: March - June and October - January.
  - Prerequisite: having obtained a satisfactory grade in the CBI, BTS and CIA courses
- A limited number of places is available each semester
- Application procedure in February and September
**Electives (max 10 ects)**

Only mandatory in combination with 10 ects internship; Otherwise facultative

- List of electives in E-prospectus
- Also from other specialisations of Psychology
- Electives from other institutes/universities require formal approval exam committee

Example electives:
- Eating disorders
- E-health
Information on post-master education

GZ Psycholoog (beroepsopleiding) or psychotherapist

Check website:


On Post Master GZ, Psychotherapy or other BIG registration:

www.rino.nl
http://big.rinogroep.nl/
www.vlogo.nl
More information on programme, admission and application

masters.universiteitleiden.nl/clinical-psychology

Are you curious about the student point of view on this Master’s programme? Or would you like to become a master’s student in Clinical Psychology for a day? Send student ambassador Marjolein Mulder an email!

ambassador.mscpsy@fsw.leidenuniv.nl
SUPPORT > Mentorate

For personal or study progress questions
For example: planning, study progress, personal issues, study problems, alternative study paths, confidential issues, referral to the right persons

Mentors:
Nadia Garnefski; (garnefski@fsw.leidenuniv.nl; room 2B45):
Anne van Giezen (giezen@fsw.leidenuniv.nl); room 2B29)

• Mandatory meeting in October and January in small groups.
• Possibility to make personal appointments (individual)
SUPPORT
> General study advisors

For general questions about study organization, practical issues, rules and regulations, not Clinical-Psychology related

*International students*: Mirthe Haas ([mhaas@fsw.leidenuniv.nl](mailto:mhaas@fsw.leidenuniv.nl)), room 2A49b)

*Dutch students*: Evelien Wolthus ([e.m.wolthuis@fsw.leidenuniv.nl](mailto:e.m.wolthuis@fsw.leidenuniv.nl)), room 2A49)
SUPPORT

> Studying with a disability

There is support available at Leiden University to help you find out what might be helpful in your particular situation (extensions, adaptations).

Examples: a visual, auditory or physical disability; a language disorder (for example dyslexia) or speech disorder; a chronic or psychological illness.

Fenestra Disability Centre,
PLEXUS Student Centre, Kaiserstraat 25
Or contact the Student Counsellors directly:
071 - 527 8025, fenestra@plexus.leidenuniv