Session with Q&A
Psychology

Presentation: Florine Weekenstroo – International Coordinator – Institute of Psychology
Moderator Q&A: Olivier de Winter – Institute of Psychology
Study Abroad and Covid-19

Inform yourself about opportunities but ...

- It requires flexibility
- Have a realistic Plan B
- Binding Travel Advice applies
- Travel at your own risk: consider health risks and avoid making costs in advance
Start your orientation!
Today’s presentation

1. Study Abroad and Covid-19
2. Study Abroad options
3. Exchange: when, where and what?
4. Exchange: application procedure
5. Scholarships
6. Contact information
7. Questions & Answers
Study Abroad Options
1. Options Abroad

- Exchange
- Study Abroad independently
- Summer/winter schools
- Internship or thesis research abroad (master)
1. Options Abroad

• Exchange
• Study Abroad independently
• Summer/winter schools
• Internship or thesis research abroad (master)

Interested in other options?

→ Welcome and Study Abroad Basics Session
Exchange

- Study at partner university
- Pay tuition to Leiden University only
- Application via Leiden University
- Limited places: selection
- Eligibility requirements:
  - GPA 7 or higher
  - All 60 EC of BSc Year 1 completed by internal application deadline (Dec 1\textsuperscript{st}/Feb 15\textsuperscript{th})
- Possible to have your credits recognized and avoid study delay
Internship or thesis abroad

Master only!

You need to arrange the following by yourself:
- A location for your internship or thesis
- Approval from your master’s programme
- A suitable supervisor abroad
- Permission to travel during Covid-19 pandemic

You can make arrangements with the internship/thesis coordinator of your own master specialization.

Step-by-step plan
Exchange: Where, When, What?
Exchange

Leiden offers 2 types of exchange programmes:

• University wide exchange
• Faculty/programme exchange
Exchange

Faculty/programme exchange
- Inside Europe (Erasmus+)
- Managed by Institute of Psychology
- Open to Psychology students only
- Possible to study outside your field of study at most universities (but not all!)

Contact:
Exchange coordinator
Florine Weekenstroo
Institute of Psychology
Faculty of Social and Behavioural Sciences (FSW)
exchangepsy@fsw.leidenuniv.nl

University wide exchange
- Outside of Europe
- Managed by central International Relations Office (IR) of Student and Educational Affairs (SEA)
- Generally open to all students
- Possible to study outside your field of study and in different faculties
- ISEP Programme

Contact:
International coordinators
Sanne Feenstra & Gaye Eksen
International Relations Office
Student and Educational Affairs (SEA)
studyabroad@sea.leidenuniv.nl
Where?

Leiden University has exchange agreements with universities all over the world. So there are plenty of destinations to choose from.

Search through the exchange programmes and find a destination that is compatible with your studies and interests.

Find your exchange programme!

Negative travel advice? Check your destination
You may not go on exchange in a country for which negative travel advice has been issued. ☢️ Check here if your destination is safe. This webpage is in Dutch, but by entering the country name (Dutch spelling) you can view the information on your destination in English.
Where can you go?

Find exchange agreements: [https://www.leidenuniv.nl/soz/buitenland/search-exchange-agreements.html](https://www.leidenuniv.nl/soz/buitenland/search-exchange-agreements.html)

Psychology students can only apply for agreements open:

- Psychology (Inside of Europe)
- All students (University wide = Outside of Europe)
Where?

Leiden University has exchange agreements with universities all over the world. So there are plenty of destinations to choose from.

Where?
Study in or outside of Europe?
As a Psychology student you can sign up for a university-wide exchange programme (outside of Europe) or an exchange programme organised by the Institute of Psychology (within Europe).

Find a university-wide exchange programme
Information about university-wide exchange programmes can be found under the “General” tab.

Find a faculty exchange programme
The Institute of Psychology has exchange agreements with over 40 Psychology departments within Europe.
<table>
<thead>
<tr>
<th>Country</th>
<th>City</th>
<th>Partner university</th>
<th>Places / year</th>
<th>Language of instruction</th>
<th>EC in Psychology required*</th>
<th>Open to bachelor and/or master students**</th>
</tr>
</thead>
<tbody>
<tr>
<td>Austria</td>
<td>Vienna</td>
<td>Universität Wien</td>
<td>4</td>
<td>German B1</td>
<td>No limit</td>
<td>Bachelor and master</td>
</tr>
<tr>
<td>Belgium</td>
<td>Gent</td>
<td>Universiteit Gent</td>
<td>2</td>
<td>English B2 or Dutch B2</td>
<td>Min. 15 EC in Social Sciences</td>
<td>Bachelor and master</td>
</tr>
<tr>
<td>Belgium</td>
<td>Leuven</td>
<td>Katholieke Universiteit Leuven</td>
<td>2</td>
<td>English B2 or Dutch B2</td>
<td>No limit</td>
<td>Bachelor and master</td>
</tr>
<tr>
<td>Czech Republic</td>
<td>Prague</td>
<td>Univerzita Karlova</td>
<td>2</td>
<td>English B2 or Czech B2</td>
<td>No limit</td>
<td>Bachelor and master</td>
</tr>
<tr>
<td>Denmark</td>
<td>Aarhus</td>
<td>Aarhus Universitet</td>
<td>2</td>
<td>English B2 or Danish B1</td>
<td>Psychology courses only</td>
<td>Bachelor and master</td>
</tr>
<tr>
<td>Denmark</td>
<td>Roskilde</td>
<td>Roskilde Universitet</td>
<td>2</td>
<td>English B2 or Danish B1/2</td>
<td>No limit</td>
<td>Bachelor only</td>
</tr>
<tr>
<td>Estonia</td>
<td>Tallinn</td>
<td>Tallinn University</td>
<td>2</td>
<td>English B2</td>
<td>No limit</td>
<td>Bachelor and master</td>
</tr>
<tr>
<td>Finland</td>
<td>Helsinki</td>
<td>University of Helsinki</td>
<td>4</td>
<td>English B2</td>
<td>Min. 50% in Psychology</td>
<td>Bachelor and master</td>
</tr>
<tr>
<td>France</td>
<td>Lyon</td>
<td>Université Lyon II (Lumière)</td>
<td>2</td>
<td>French B1</td>
<td>No limit</td>
<td>Bachelor and master</td>
</tr>
<tr>
<td>France</td>
<td>Nantes</td>
<td>Université de Nantes</td>
<td>2</td>
<td>French B2</td>
<td>No limit</td>
<td>Bachelor only</td>
</tr>
<tr>
<td>Germany</td>
<td>Berlin</td>
<td>Freie Universität Berlin</td>
<td>2</td>
<td>German B1 (limited courses offered in English)</td>
<td>No limit</td>
<td>Bachelor only</td>
</tr>
<tr>
<td>Germany</td>
<td>Bremen</td>
<td>Universität Bremen</td>
<td>2</td>
<td>German B1</td>
<td>No limit</td>
<td>Bachelor only</td>
</tr>
<tr>
<td>Germany</td>
<td>Kassel</td>
<td>Universität Kassel</td>
<td>2</td>
<td>English B2</td>
<td>No limit</td>
<td>Bachelor and master</td>
</tr>
<tr>
<td>Germany</td>
<td>Munich</td>
<td>Ludwig-Maximilian’s Universität</td>
<td>2</td>
<td>English B2 or German B1</td>
<td>Min. 50% in Psychology</td>
<td>Bachelor and master</td>
</tr>
<tr>
<td>Greece</td>
<td>Thessaloniki</td>
<td>Aristotle University of Thessaloniki</td>
<td>2</td>
<td>English B2 or Greek B2</td>
<td>No limit</td>
<td>Bachelor and master</td>
</tr>
<tr>
<td>Hungary</td>
<td>Budapest</td>
<td>Eötvös Loránd University</td>
<td>2</td>
<td>English B2 or Hungarian B2</td>
<td>Max. 10 EC outside of Psychology</td>
<td>Bachelor and master</td>
</tr>
<tr>
<td>Italy</td>
<td>Cassino</td>
<td>Università degli studi di Cassino e del Lazio Meridionale</td>
<td>2</td>
<td>English B2 or Italian B1</td>
<td>Only open to students of MSc. Methods and Statistics.</td>
<td>Bachelor and master</td>
</tr>
<tr>
<td>Italy</td>
<td>Florence</td>
<td>Università degli studi di Firenze</td>
<td>2</td>
<td>Italian B1</td>
<td>No limit</td>
<td>Bachelor and master</td>
</tr>
<tr>
<td>Italy</td>
<td>Napels</td>
<td>Università degli studi di Napoli Federico II</td>
<td>2</td>
<td>Italian B1</td>
<td>No limit</td>
<td>Bachelor and master</td>
</tr>
<tr>
<td>Italy</td>
<td>Padua</td>
<td>Università degli studi di Padova</td>
<td>4</td>
<td>English B2 or Italian A2</td>
<td>No limit</td>
<td>Bachelor and master</td>
</tr>
</tbody>
</table>
When?

Best time to go on exchange:

**Bachelor Year 3** (prepare and apply in Year 2): electives

Deadline permission Bachelor Project semester 1:
**May 15, 2021** (contact your Study Adviser in time!)
When?

**Bachelor Year 4:**
- Electives or extra curricular
- Board of examiners

**Master:**
- Courses always extra curricular
- Not all partner universities offer courses on master level
- Internship / Thesis: arrange yourself ≠ exchange
What? – Elective courses (bachelor)

- **Year I**
  - Mandatory courses (60 EC)

- **Year II**
  - Mandatory courses (45 EC)

- **Year II & III**
  - Specialisation courses (30 EC)

- **Year II & III**
  - Elective area (30 EC)

- **Year III**
  - Mandatory Bachelor Project (15 EC)

Elective requirement:

30 EC electives, with minimum of 5 ec on level 300.
What? – Course criteria

Always ask permission before departure!

- No overlap with courses in your programme (bachelor / master)
- No English language proficiency courses
- Academic course (no practical course)
- Min. 20 EC (or equivalent study load)
- If applicable: 5 ec on level 300

Important: partner university can also have course restrictions!
Exchange application
Application Internal Selection

1. Do you meet the requirements?
2. Make a study plan: does it fit?
3. Select partner universities:
   - Max. 10 universities university wide exchange
   - Max. 5 universities faculty exchange
4. Submit online application and upload:
   - Transcript of Records incl. GPA → SSC
   - Motivation letter – Why study abroad?
   - Proof of language proficiency and plan (if language of instruction is not English)

-Registered student LU
-All 60 EC Year 1 courses completed (P) by internal selection deadline
-GPA of 7 or higher
Deadlines Internal Selection

To study abroad in Semester 1 or Semester 2 during the academic year 2021-2022:

• Outside of Europe (university wide exchange):
  1 December 2020

• Inside of Europe (faculty/programme exchange):
  15 February 2021
Selection criteria

1. GPA
2. Studying without delays
3. Motivation letter
After internal selection

International Coordinators will inform you about next steps after selection!

1. Accept or decline selection outcome
2. Coordinator nominates you at university abroad
3. Application to university abroad: follow their application steps!
4. Accept offer of admission
5. Before departure: permission course selection, housing, visa, Health & Safety meeting, insurance, finances...
6. Study Abroad!
Upon return

• Arrange recognition of credits
• Submit a student report (and photos, video’s, vlogs, blogs ...)
• Give information to other students during:
  - Psychology Experience Days
  - Study Abroad Festival 2022
Scholarships
Scholarships

Sessions about Finances and Scholarships on Wednesday and Friday

Scholarships offered by Leiden University:

- **Inside Europe**: Erasmus+ (monthly payment)
- **Outside Europe**: Lustra+ and Holland Scholarship (one time payment)
- **OV-vergoeding**

A lot of paperwork: Exchange Coordinator can sign documents.
Contact information
Contact information

Faculty exchange and other options

Institute of Psychology
International Coordinator: Florine Weekenstroo
Consulting hours by phone: Mon – Thu: +31 (0)71 527 3609
Email: exchangepsy@fsw.leidenuniv.nl

University wide exchange

International Relations Team (IR)
International Coordinators: Sanne Feenstra & Gaye Eksen
Email: studyabroad@sea.leidenuniv.nl
Questions?
Thank you!